

NOT ME, BUT YOU

**The National Service Scheme
Unit of PDEU Annual Report
2023-24**

2023-2024 LIST OF ACTIVITIES

SR NO.	DATE	EVENT
1.	31/10/23	Blood Donation Camp
2.	29/03/24	Health Camp
3.	11/01/24	Tree Plantation
4.	26/01/24	Run For Tiranga
5.	22/03/24	SVEEP-Vote Awarness
6.	05/01/24	Yoga Activities
7.	07/03/24	Vikshit Bharat
8.	27/10/23	Unity Day
9.	29/09/23	NSS Day
10.	12/04/23	Plastic Free Campus Campaign
11.	08/03/24	NSS Camp

Introduction

- We are the social service volunteers at the university.
- **Our core values:**

Development of the personality of students through community service.

Understand the community in which they work.

Understand themselves in relation to their community.

Objectives

- (i) Identify The Needs And Problems Of The Community And Involve Them In Problem Solving Process
- (ii) Develop Among Themselves A Sense Of Social And Civic Responsibility
- (iii) Utilize Their Knowledge In Finding Practical Solution To Individual And Community Problems.
- (iv) Develop Competence Required For Group, Living And Sharing Of Responsibilities.

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- (v) Gain Skills In Mobilizing Community Participation
 - (vi) Acquire Leadership Qualities And Democratic Attitude
 - (vii) Develop Capacity To Meet Emergencies And Natural Disasters
 - (viii) Practice National Integration And Social Harmony

Events organized by us



Blood Donation Campaign



NAAC Showcase



NSS X Aatmaan



**NSS X Punerva
Pranayama**




Save Water Campaign



Plantation Drives

Some other events

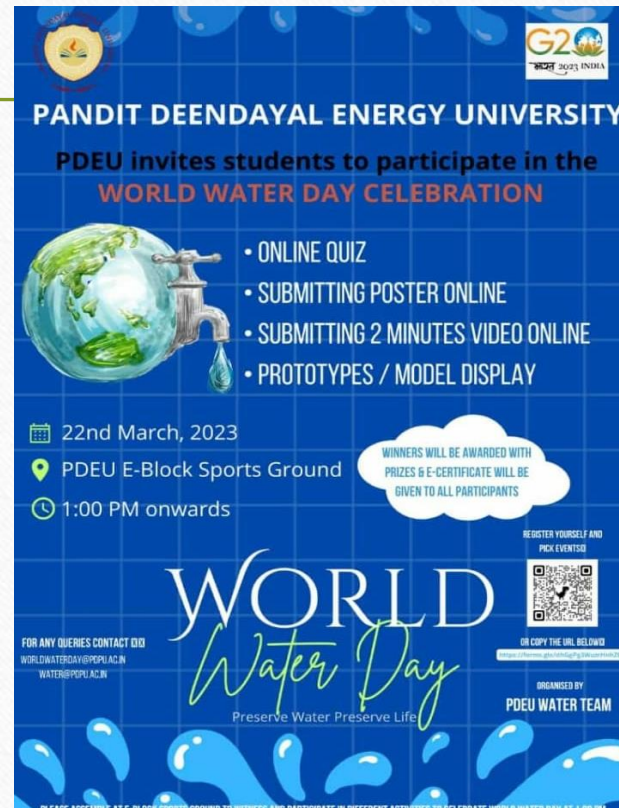



P R A N A Y A M A
Let your soul breathe

Attain your Mental Peace

DATE: 29 MARCH	TIME: 4:30-5:30	VENUE: B BLOCK GROUND
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FOR ANY QUERIES:
Veerangi Mehta: 9537171263
Isha Saraiya: 9825435824




PANDIT DEENDAYAL ENERGY UNIVERSITY
PDEU invites students to participate in the
WORLD WATER DAY CELEBRATION

- ONLINE QUIZ
- SUBMITTING POSTER ONLINE
- SUBMITTING 2 MINUTES VIDEO ONLINE
- PROTOTYPES / MODEL DISPLAY

22nd March, 2023
PDEU E-Block Sports Ground
1:00 PM onwards

WINNERS WILL BE AWARDED WITH
PRIZES & E-CERTIFICATE WILL BE
GIVEN TO ALL PARTICIPANTS

REGISTER YOURSELF AND
PICK EVENTS



OR COPY THE URL BELOW
<https://www.pdeu.ac.in/waterday>

ORGANISED BY:
PDEU WATER TEAM

WORLD Water Day
Preserve Water. Preserve Life.



NSS PDEU
presents
TREE PLANTATION DRIVE

Plant a tree, plant a hope.



Scan Here



12 Aug, 2023
10 AM to 12 PM
High-rise

For any queries,
Yatri - 93279 50455
Ashish - 95104 25892

Event Preparations

Behind the Scenes:

- Our dedicated team is hard at work, planning logistics, arranging materials for the event, and enhancing the skills of the volunteers.
- Each department works in sync and instruments together to make every part of the event perfect.
- The volunteers, committee and everyone involved learns a part of lesson to understand the contribution they made through their activity.
- Volunteers and sponsors coming together to make these events a success.

Growth and Expansion

-
1. Making Education More Relevant To The Present Situation To Meet The Felt Needs Of The Community And Supplement The Education Of The University/College Students By Bringing Them Face To Face With The Rural Situation
 2. Providing Opportunities To The Students To Play Their Role In Planning And Executing Development Projects Which Would Not Only Help In Creating Durable Community Assets In Rural Areas And Urban Slums But Also Results In The Improvement Of Quality Of Life Of The Economically And Socially Weaker Sections Of The Community
 3. Encouraging Students And Non-students To Work Together Along With The Adults In Rural Areas

4. Developing Qualities Of Leadership By Discovering The Latent Potential Among The Campers, Both Students As Well As Local Youth (Rural And Urban), With A View To Involve Them More Intimately In The Development Programme And Also To Ensure Proper Maintenance Of The Assets Created During The Camps.

5.Emphasizing dignity of labour and self-help and the need for combining physical work with intellectual pursuits;

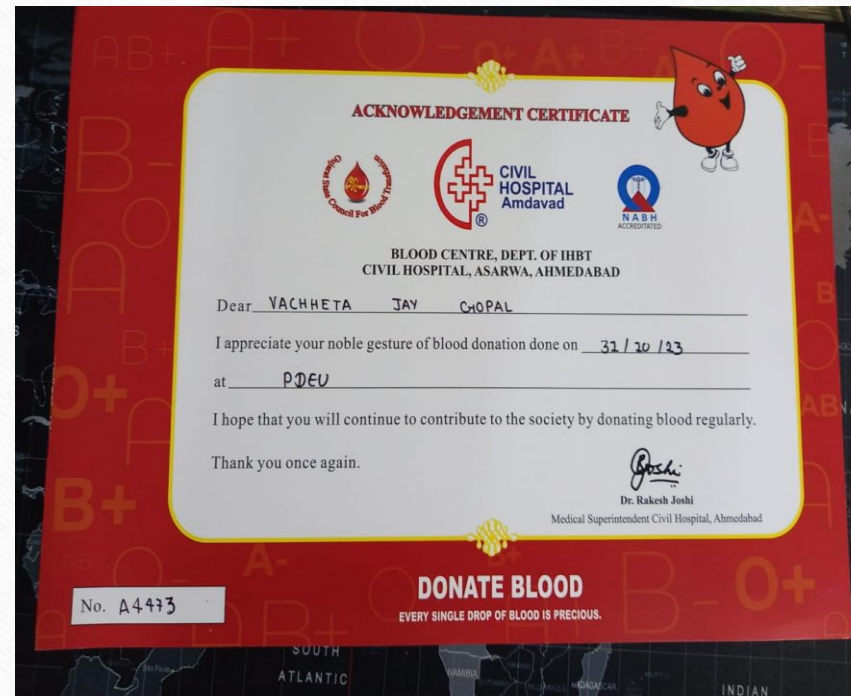
6.Encouraging youth to participate enthusiastically in the process of national development and promote national integration, through corporate living and cooperative action

Blood Donation Camp

Date:- 31st Oct. 2023 Number of Blood Units:-251

Date 19.4.24 Time : 9-11am Venue: D-block

We worked as volunteers in blood donation camp , helped to spread awareness about the camp and gained knowledge through our experience.





Rotaract club of PDEU and NSS PDEU
in collaboration with
Civil Hospital Ahmedabad
brings to you

BLOOD DONATION

"A drop of kindness can save a sea of lives!"

P.A. Room (D207)
31st October 2023
10:30AM onwards

For more details
Rtr. Daksh Kapila: +91 98994 10270
NSS. Yatri Patel : +91 93279 56455



EVENT GALLERY



Venue : Gujarat Raj Bhavan **Time :** 9:30am-12:00pm **Date :** 18th Jan 2024

Executive Summary

On January 18, 2024, the National Service Scheme (NSS) unit of Pandit Deendayal Energy University (PDEU) participated in a noble initiative organized by the Governor of Gujarat at the Raj Bhavan. The occasion was the Governor's birthday, and as part of the celebrations, a Blood Donation Camp was organized at his residence. The NSS unit actively engaged in this event, contributing to the cause of saving lives through voluntary blood donation.

Participants

The NSS unit of PDEU had a total of 9 participants who willingly volunteered for the blood donation camp. The enthusiasm and commitment displayed by the participants reflected the spirit of community service and social responsibility.

Event Highlights

The event commenced with a brief orientation that was provided regarding the significance of blood donation and its impact on healthcare. The medical team, consisting of qualified professionals, ensured that all necessary safety measures and protocols were followed during the blood donation process. The NSS volunteers underwent a thorough screening process to ensure their eligibility for blood donation. The atmosphere was filled with a sense of camaraderie and goodwill as the participants donated blood selflessly, understanding the critical role their contribution plays in saving lives. Post-donation, the participants were provided with refreshments to aid in their recovery.

Event Gallery



Health Camp

Event :- A comprehensive report on "Run for Health and Fitness"

Cooper Test

The students of Btech. initiated cooper test and interacted with the participants taking part in the running test-Cooper Test, also known as the Cooper 12-Minute Run, is a simple and widely used field test to measure aerobic endurance and cardiovascular fitness. Participant were briefed by explaining the rules, objectives, and the importance of pacing oneself during the 12-minute run . Then students started warm-up session by light jogging. NSS volunteers used a stopwatch or timer to accurately measure the 12-minute duration and ensured that participants are aware of the time elapsed and are informed after each lap. Participants were encouraged to cover as much distance as possible and to can sustain for the entire 12 minutes. Some volunteers kept a record of each participant's distance covered during the 12-minute run. And noted down individual performances along with their weight and height for the calculation of BMI which can help us collect the data on the health and performance of the participants.



Mental Health Awareness Campaign

Date: 29th March, 2024

Venue: PDEU campus, around amenities

In honor of World Bipolar Day, a group of five dedicated students from PDEU University, under the National Service Scheme (NSS), organized a special event to raise awareness about bipolar disorder and advocate for mental health awareness among college students. This initiative aimed to debunk misconceptions surrounding bipolar disorder, shed light on the challenges faced by individuals living with the condition, and foster a supportive environment for mental well-being.

ACTIVITY OVERVIEW:

The five-member NSS team meticulously planned and executed a series of activities to commemorate World Bipolar Day and engage the university community in discussions concerning mental health. Despite their small numbers, the team's efforts were impactful and aimed at maximizing student engagement and understanding.

INFORMATIVE SESSIONS AND INTERACTIVE DISCUSSION:

The event commenced with informative sessions led by mental health experts. These sessions provided comprehensive insights into the symptoms, diagnosis, and treatment options for bipolar disorder. Additionally, strategies for effectively managing the condition were discussed. Participants were encouraged to actively engage in discussions, enabling them to gain a deeper understanding of bipolar disorder and its implications.

Following the informative sessions, the NSS team facilitated interactive discussions among participants. Topics included coping mechanisms, supporting peers with bipolar disorder, and combatting stigma associated with mental illness. Through dialogue and exchange of experiences, participants were empowered to contribute to creating a more inclusive and supportive environment for individuals affected by bipolar disorder.



Football League



Tree Plantation

Event :-"Revitalizing Our Ecosystem: A Comprehensive Report on Water Plantation Initiatives for Sustainable Environmental Impact" **Date -** 11/01/2024 **Venue -**E – Block Ground

"MMMD," symbolizing "My Soil, My Nation," encapsulates our deep bond with the land and country. This occasion aims to embellish the earth with green hues, bolster environmental well being, and express heartfelt reverence for Mother Nature.

Watering plants transcends mere duty; it's a profound gesture fostering life and preserving our planet. As droplets fall gently, they orchestrate a chorus of flourishing, painting a lively landscape of greenery.



Run for Tiranga



POSTER FOR 'RUN FOR TIRANGA 2.0' featuring silhouettes of runners and logos of sponsors: Jyoti Chandra Choudhary University, SAIL, and STEP-UP. The text reads: STEP UP PRESENTS **RUN FOR TIRANGA 2.0** 26TH OF JANUARY. SPONSORS: Jyoti Chandra Choudhary University, SAIL, and STEP-UP. FOR QUERIES CONTACT: AKSHAT CHATURVEDI: 6378668352, AYUSHE NIHALANI: 7436040702.

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SVEEP-Vote Awareness

SVEEP: Systematic Voters' Education and Electoral Participation

Title of the Event: Voting Awareness Campaign Event **Duration:** One Day (22/03/2024) **Time:** 10AM to 12PM **Venue:** PDEU Campus

Report: On Friday 22/3/2024, we planned a voting awareness campaign along with our fellow NSS partners, from CSE and ICT branch. The activity was held across the PDEU campus where we asked questions about election, election commission, etc. Each student was asked about 3 questions which added into their knowledge of voting system of India.

Summary: Our Voting Awareness campaign aimed to increase civic engagement by educating individuals about the importance of voting and providing information on voter registration and polling procedures.

Impact: The campaign successfully raised awareness about voting rights and responsibilities, resulting in increased voter registration and participation rates among eligible citizens.



भारत निर्वाचन आयोग
ELECTION COMMISSION OF INDIA

Go
Register

**It's going to
be legendary
when you cast
your first vote!**

Enrol as an elector today!

Visit: www.nvsp.in or use Voter Helpline App

Yoga Activities

Event: “The Effect of Yoga on Exercise Endurance As Assessed by Cardio Respiratory Efficiency Tests.”

Date: 05/01/2024

Time: 9:00am to 11:00am

Venue: E-Block Ground

On January 5, 2024, the entire student body of the ICT Division enthusiastically organized a transformative yoga event at PDEU (Pandit Deendayal Energy University), led by the esteemed Dr. Milan Bhatt. The event aimed to explore the impact of yoga on exercise endurance, specifically assessing cardiorespiratory efficiency through various tests. The theme of the event, "The Effect of Yoga on Exercise Endurance," highlighted the significance of holistic practices in enhancing overall well-being.

The event was a success, the participants were guided through a series of Yogas under the guidance of Dr Milan Bhatt. Various Yoga poses were performed by the participants. This yoga session was done to energize the participants and for the well being of the participants.



Vikshit Bharat

Title of The Event - The Akshaya Patra MAYAPUR

Visit Date - 7/3/24 To 14/3/24 **Venue** - TOVP South Wing Mayapur

Activity Overview:

At 9:00 AM, we commenced our NSS activities for the day, embarking on a journey of service and spiritual enrichment.

Visit to Birthplace of Chaitanya Mahaprabhu: Our first stop was the birthplace of Chaitanya Mahaprabhu, a sacred site brimming with spiritual significance. Immersed in the ambiance of devotion, we paid homage to the divine heritage of this revered saint.

Seva at TOVP Main Temple: We dedicated ourselves to seva (selfless service) at the TOVP main temple, contributing our efforts towards the upkeep and maintenance of this magnificent edifice of faith.

Service at ISKCON Gaushala: In alignment with our commitment to compassion and care, we engaged in service at the ISKCON Gaushala, tending to the welfare of the resident cows and promoting the ethos of cow protection. **Service at ISKCON Gurukul:** Our day concluded with service at the ISKCON Gurukul, where we assisted in educational activities and interacted with the students, fostering a nurturing environment for holistic development.



Radha Madhav Gaushala at ISKCON Mayapur 🐄🐄



Experience peace in Mayapur's natural haven 🌸🌸



UNITY DAY

Activity: Rashtriya Ekta Divas Pledge **Date:** 27th October 2023

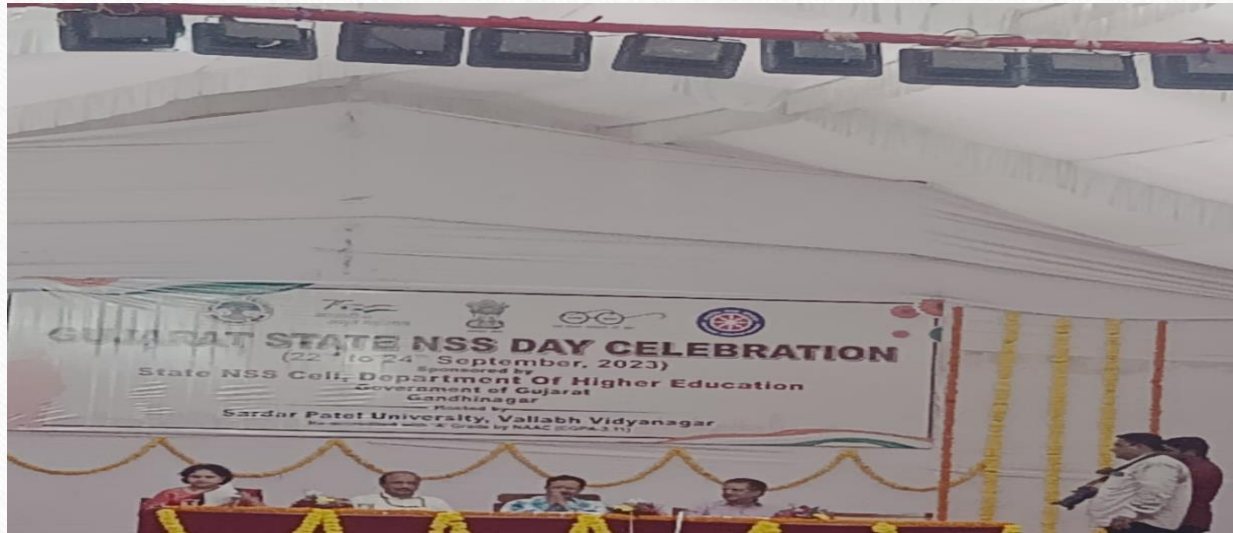
Description: On the occasion of Sardar Vallabhbhai Patel Jayanti, Students from CSE Branch, Mechanical Branch and ECE Branch, conducted a Rashtriya Ekta Divas pledge-taking ceremony successfully. This activity involved more than 100 students from different branches. The event highlighted our commitment towards fostering unity among fellow countrymen and maintain the national security of the country. We, as NSS PDEU Representatives, pledge to spread awareness whenever and wherever possible, of this topic



NSS DAY

Date: 22/09/23 **Venue:** S.P.University, V.V.Nagar, Anand.

COMPETITIONS	NAME
Instrument(Wav) Music	ARNI PATEL
Oratorical Competition	Kavya Wadhwa
Quick Poetry Competition	Nihari Pandya



OPPO A53s 5G
Dr Milan B | 2023.09.22 17:06



PLASTIC FREE CAMPUS CAMPAIGN

Event Date: 12 April 202

Time: 4p.m. to 6p.m. Venue: Ground near B block

Campaign Goals:

- Raise awareness about the environmental and health impacts of plastic pollution.
- Encourage individuals and organizations on campus to reduce their plastic usage.
- Implement sustainable alternatives and practices to phase out single-use plastics.
- Foster a culture of sustainability and responsibility towards our planet



NSS CAMP

Workplace: Jeevantirth NGO(Near Juna Koba)

7-Day NSS Camp

The **National Service Scheme (NSS)** is a Central Sector Scheme of Government of India, Ministry of Youth Affairs & Sports. It provides opportunity to the student youth of Technical Institution, Graduate & Post-Graduate at Colleges and University level of India to take part in various government led community service activities & programs.

NSS PDEU organized a 7-Day Camp at **Jeevantirth Social Service Centre** to promote Social servicing and Community development. It made participants experience Group living, interaction with local communities, and collective problem-solving. Camp focused on critical issues like Sustainable Development, Health awareness, Child Development and Women Empowerment. The camp made education relevant by immersing in community realities, emphasizing the dignity of labor, self-help and the importance of combining physical work with intellectual pursuits. Our Advisor Dr. Milan Bhatt Sir provided the students participating in the camp with a Regular provided the students participating in the camp with a Regular Activity Schedule **Dr. Milan Bhatt**

CAMP REGULAR ACTIVITY TIME-TABLE

Sr.No.	Activity	Time
1	Waking	5.00 AM to 6.00 AM
2	Morning Assembly and Physical Exercises	6.00 AM to 6.30 AM
3	Break Fast and Collection of tools etc.	6.30 AM to 07.15 AM
4	Project work	7.30 AM to 12.30 Noon
5.	Personal Hygiene	12.30 Noon to 13.00 PM
6	Lunch	1.00 PM to 14.00 PM
7	Rest	14.00 PM to 15.00 PM
8	Talks by eminent visitors followed by discussion	15.00 PM to 17.00 PM
9	Community visit	17.00 PM to 19.30 PM
10	Recreation and socio-cultural programme	19.00 PM to 20.00 PM
11	Dinner	20.00 PM to 21.00 PM
12	Review of Day's Work	21.00 PM to 21.30 PM
13	Light Off	22.00 PM

Everyday different activities were carried out by the participants, with lots of enthusiasm and keen interest . Various initiatives were taken which made the 7-Day camp a journey of personal growth, social impact and unforgettable memories.



Thank You

Thank you for your time and support.

Together, we can create a healthier and more connected university experience.

