





NOT ME, BUT YOU

The National Service Scheme Committee of PDEU

2024-25

2024-2025 LIST OF ACTIVITIES

S.No	Event	Date	Venue
1	NSS Special Camp for 7 Days	08/03/2024	Koba Village
2	World Environment Day	05/06/2024	PDEU
3	International Yoga Day	21/06/2024	PDEU
4	Ek Ped Maa Ke Naam – Tree Plantation	11/07/2024	PDEU
5	Ek Ped Maa Ke Naam – Namo'stu Te Hospital	26/07/2024	Gandhinagar
6	Blood Donation at Raj Bhavan	15/07/2024	Raj Bhavan
7	Orientation for New NSS Students	02/08/2024	PDEU
8	Azadi ka Amrit Mahotsav – Health & Hygiene Awareness	15/08/2024	Nr. PDEU
9	Eco-Friendly Ganesha Workshop	06/09/2024	PDEU
10	Swachhta Hi Seva	02/10/2024	Nr. PDEU
11	Clear Skies, Clear Mind	08/11/2024	PDEU
12	Blood Donation Camp	07/02/2025	PDEU
13	Energy Cup Opening Ceremony	14/02/2025	Sports Complex
14	A Trip to Vadnagar	19/02/2025	Vadnagar
15	Teach for India Fellowship Awareness	21/02/2025	PDEU
16	Cervical and Breast Cancer Prevention	27/02/2025	PDEU
17	Social Visit to Raygadh	18/03/2025	Raygadh
18	Fit India Cycle Rally	23/03/2025	Gift City
19	Bird Drinker Installation	28/03/2024	PDEU
20	Obesity Prevention Week	04/04/2025	PDEU
21	Cybersecurity Awareness Campaign	19/04/2025	PDEU

Introduction

We are the social service volunteers at the university.

Our core values:

- □ Development of the personality of students through community service.
- ☐ Understand the community in which they work.
- ☐ Understand their community.

Objectives

- (i) Identify The Needs And Problems Of The Community And Involve Them In the Problem-Solving Process
- (ii) Develop Among Themselves A Sense Of Social And Civic Responsibility
- (iii) Utilize their knowledge to find practical solutions to individual and community problems.
- (iv) Develop Competence Required For Group, Living, And Sharing Of Responsibilities.
- (v) Gain Skills In Mobilizing Community Participation
- (vi) Acquire Leadership Qualities And a Democratic Attitude
- (vii) Develop Capacity To Meet Emergencies And Natural Disasters
- (viii) Practice National Integration And Social Harmony

Events organized by us





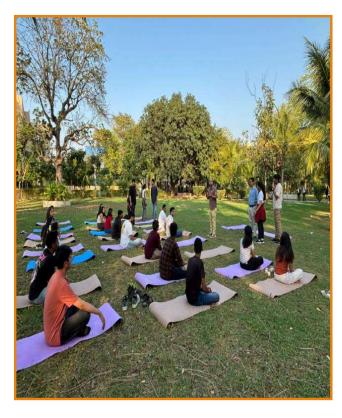


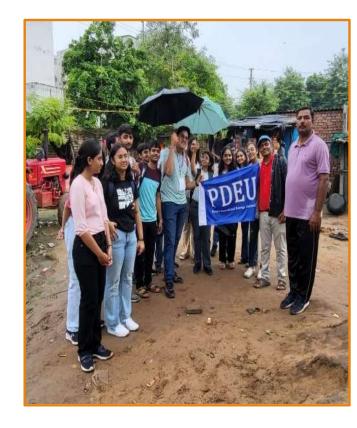
Blood Donation Campaign

Fit India Rally

Social Visit to Raygadh







Eco-Friendly Ganesha Workshop

Clear Skies, Clear Mind

Health and Hygiene Awareness

Some other events







Tree Plantation Week

Swachhta Hi Seva

Teach for India fellowship

Event Preparations

Behind the Scenes:

- Our dedicated team is hard at work, planning logistics, arranging materials for the event, and enhancing the skills of the volunteers.
- Each department works in sync and collaborates to make every part of the event perfect.
- The volunteers, committee, and everyone involved learn a part of the lesson to understand their contribution through their activity.
- Volunteers and sponsors are coming together to make these events a success.

Growth and Expansion

- Making Education More Relevant To The Present Situation To Meet The Felt Needs Of The Community And Supplement The Education Of The University/College Students By Bringing Them Face To Face With The Rural Situation
- Providing Opportunities To The Students To Play Their Role In Planning And Executing
 Development Projects Which Would Not Only Help In Creating Durable Community Assets
 In Rural Areas And Urban Slums But Also Result In The Improvement Of The Quality Of
 Life Of The Economically And Socially Weaker Sections Of The Community
- Encouraging Students And Non-Students to Work Together Along With The Adults In Rural Areas
- Emphasizing the dignity of labor and self-help and the need for combining physical work with intellectual pursuits;
- Encouraging youth to participate enthusiastically in the process of national development and promote national integration, through corporate living and cooperative action

NSS Special Camp for 7 Days

Date: 08/03/2024

Venue: Koba Village

Overview:

The NSS unit organized a 7-day camp focused on community engagement and rural development. Volunteers participated in activities promoting sanitation, health awareness, and education. The camp emphasized team-building, leadership, and civic responsibility

Event Highlight:

Volunteers participated in a variety of activities, including street cleaning, wall painting, door-to-door awareness, and plantation drives. Interactive sessions were conducted with villagers on health, sanitation, and education. Students experienced rural life firsthand and developed a deeper understanding of social realities. The camp emphasized values such as dignity of labour, empathy, and leadership. Every day included reflection sessions to build personal growth. The initiative concluded with a cultural program involving both students and villagers







World Environment Day

Date: 05/06/2024

Venue: PDEU

Overview:

To mark World Environment Day, a plantation and awareness drive was conducted to emphasize environmental protection. Volunteers distributed saplings and educated students about sustainability and climate change action.

Event Highlight:

World Environment Day was commemorated with a campus-wide green initiative. Volunteers planted over 100 native trees and conducted a zero-waste awareness session. A "Green Pledge" was signed by participants to reduce plastic usage and support sustainable practices. Informative posters were displayed highlighting climate change and biodiversity loss. An expert talk on eco-conscious living was delivered by an environmental activist. Students also distributed handmade seed bombs for plantation at home. The event reinforced the NSS mission of building eco-aware citizens. It concluded with a group photo around the saplings







International Yoga Day

Date: 21/06/2024

Venue: PDEU

Overview:

Yoga Day was celebrated with a mass yoga session guided by certified instructors. The event promoted physical well-being and mindfulness among the student community.

Event Highlight:

To mark International Yoga Day, NSS hosted a guided yoga session at sunrise on campus grounds. Over 150 students joined in practicing asanas, pranayama, and meditation led by certified yoga instructors. The session emphasized the mental health benefits of regular yoga. Volunteers created posters about the scientific importance of different postures. A brief introduction to yoga philosophy was given, tying it to holistic well-being. The peaceful atmosphere encouraged students to consider long-term wellness practices. Participants were provided with healthy refreshments post-session. Feedback indicated a renewed interest in daily fitness routines.





Ek Ped Maa Ke Naam – Tree Plantation

Date: 11/07/2024

Venue: PDEU

Overview:

Under the banner of "Ek Ped Maa Ke Naam," volunteers planted trees on campus to promote environmental responsibility and express gratitude towards motherhood.

Event Highlight:

The "Ek Ped Maa Ke Naam" initiative was launched with emotional and environmental significance. Students planted a tree in honor of their mothers, symbolizing growth, nurture, and gratitude. Over 80 saplings were planted across the sports complex of the university. Every sapling was labeled with the student's name, making it a personal tribute. Volunteers also built protective covers around the plants using eco-friendly materials. A short ceremony included sharing emotional stories about the importance of nature and plants. This meaningful activity deepened students' respect for nature. A watering schedule was established for plant maintenance.







Ek Ped Maa Ke Naam – Tree Plantation (Namo'stu Te Hospital)

Date: 26/07/2024

Venue: Gandhinagar

Overview:

Extending the tree plantation initiative outside campus, volunteers collaborated with authorities in Namo'stu Te Hospital Gandhinagar to plant and adopt saplings

Event Highlight:

NSS extended its plantation initiative beyond campus in Gandhinagar city in collaboration with Namo'stu Te Hospital officials. Around 120 saplings were planted in and around the hospital area. Students engaged local citizens in conversations about environmental protection and ownership. A photo wall was created with quotes and handprints from volunteers and residents. Banners and creative signage encouraged people to plant trees for loved ones. The initiative served as both an ecological and emotional movement. Volunteers pledged to revisit the sites for care and monitoring.







Blood Donation at Raj Bhavan

Date: 15/07/2024 **Venue:** Raj Bhavan

Overview:

The NSS team participated in a blood donation camp hosted at Raj Bhavan. Students contributed to saving lives and spreading awareness about the importance of blood donation.

Event Highlight:

NSS volunteers proudly participated in a prestigious blood donation camp held at Raj Bhavan, Gandhinagar. The camp was inaugurated by the Honorable Governor of Gujarat. Volunteers assisted in logistics, registrations, and guiding donors throughout the process. Awareness pamphlets were distributed explaining the need for regular blood donation. Doctors briefed students about eligibility and safety in blood donation. Several students also stepped forward to donate blood. The atmosphere was filled with motivation and service spirit. This act of selflessness left a positive impression on everyone involved



Orientation for New NSS Students

Date: 02/08/2024

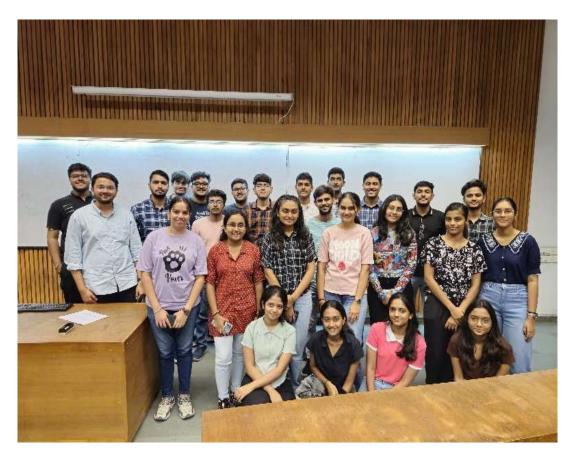
Venue: PDEU

Overview:

An orientation session was organized to introduce first-year students to NSS. The program covered NSS's mission, goals, and expectations for future participation.

Event Highlight:

A comprehensive orientation program was held to welcome new NSS recruits at PDEU. The session included an introduction to NSS history, objectives, and student responsibilities. Core team members shared past success stories and achievements. Interactive games and team-building tasks created enthusiasm among freshers. Faculty coordinators explained the calendar of events and documentation protocols. A highlight video showcased major events from the past year. The session ended with a collective pledge to serve the nation with commitment and compassion.





<u>Azadi Ka Amrit Mahotsav – Health & Hygiene Awareness</u>

Date: 15/08/2024

Venue: Near PDEU

Overview:

To commemorate India's Independence Day, the team organized a health and hygiene drive focusing on sanitation, disease prevention, and women's health.

Event Highlight:

On the occasion of Independence Day, NSS volunteers launched a hygiene awareness campaign under "Azadi Ka Amrit Mahotsav." The campaign targeted underserved areas around the university. Volunteers conducted a quick session on cleanliness, menstrual hygiene, and disease prevention. Information on handwashing techniques and food safety was distributed. Children were given toothbrushes, soaps, and hygiene kits. The efforts were appreciated by residents and shopkeepers. Students reported a strong sense of purpose after the activity.





Eco-Friendly Ganesha Workshop

Date: 06/09/2024

Venue: PDEU

Overview:

A hands-on workshop was held where students created eco-friendly Ganesha idols using clay. The event promoted sustainable celebrations and reduced plastic usage.

Event Highlight:

This workshop aimed to promote sustainable festivities by encouraging the use of clay Ganesha idols. Participants learned to sculpt idols using natural clay under expert guidance. The harmful effects of POP idols and chemical paints were explained through an audio-visual presentation. Each student crafted their own idol to take home. A best idol competition was held to appreciate creativity and environmental thought. The event concluded with group photos and distribution of snacks.





Swachhta Hi Seva

Date: 02/10/2024

Venue: Near PDEU

Overview:

In honor of Gandhi Jayanti, volunteers undertook a campus and neighborhood cleanliness drive. The event highlighted dignity of labor and civic awareness.

Event Highlight:

To mark Gandhi Jayanti, NSS initiated a large-scale cleanliness drive near PDEU and its surrounding areas. Volunteers collected garbage, segregated dry and wet waste, and cleaned clogged drains. Posters and banners displayed Gandhi's vision of a clean India. NSS collaborated with local sanitation workers and acknowledged their contributions. The initiative fostered a sense of civic duty and unity among all participants.



Clear Skies, Clear Mind

Date: 08/11/2024

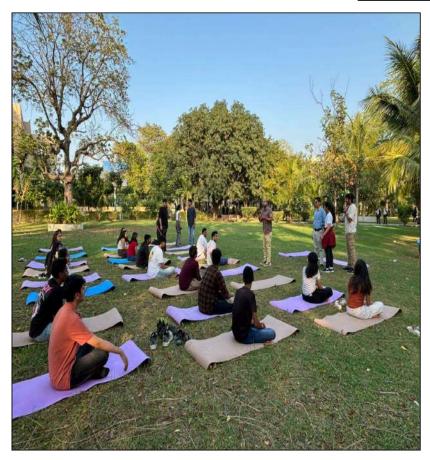
Venue: PDEU

Overview:

An awareness campaign educating students about mental health and mental clarity through environmental mindfulness was conducted.

Event Highlight:

The "Clear Skies, Clear Mind" campaign addressed the link between nature and mental health. NSS volunteers organized a seminar on air mental health and its psychological effects. Attendees were introduced to simple mindfulness and breathing exercises for stress relief. Feedback was gathered from student opinions and lifestyles. Volunteers encouraged reducing stress and comparison in today's paced world. The event emphasized that environmental health directly affects mental clarity. Participation was active and highly appreciated by faculty and students alike.





Blood Donation Camp

Date: 07/02/2025

Venue: PDEU

Overview:

A successful in-campus blood donation camp collected multiple units of blood, with students participating both as volunteers and donors.

Event Highlight:

NSS PDEU hosted its flagship blood donation camp in collaboration with a certified medical team. Students and staff turned up in large numbers to donate voluntarily. Prior to the drive, an awareness session educated potential donors about myths and facts. Health screenings ensured safety, and refreshments were provided post-donation. Volunteers managed the queue, verified IDs, and documented every unit collected. In total, over 180 units of blood were donated. The event showcased responsibility, unity, and compassion. A digital certificate of appreciation was emailed to every donor.









Energy Cup Opening Ceremony

Date: 14/02/2025

Venue: Sports Complex, PDEU

Overview:

The NSS team contributed to the opening of the Energy Cup, organizing logistics and crowd management, showcasing volunteer coordination.

Event Highlight:

NSS volunteers took charge of coordinating the opening of PDEU's annual Energy Cup. Their role included welcoming dignitaries, distributing IDs, and managing crowd flow. A volunteer task force ensured safety protocols and crowd engagement. The inaugural event featured a cultural walk and torch relay. NSS members also helped with backstage duties and speaker assistance. The ceremony set a spirited tone for the games. Their disciplined and coordinated effort was appreciated by the organizing committee. This event highlighted NSS's versatility beyond just social service.





A Trip to Vadnagar

Date: 19/02/2025 Venue: Vadnagar

Overview:

A cultural exploration trip to Vadnagar was organized to enrich students' understanding of Gujarat's historical roots and heritage.

Event Highlight:

A heritage and cultural exploration trip was organized to Vadnagar, the birthplace of India's Prime Minister. The visit included stops at ancient temples, lakes, and stepwells. Volunteers also interacted with local youth to understand rural development initiatives. The team documented local stories, architecture, and traditions for educational use. Volunteers reflected on the value of culture in shaping social behavior. The visit encouraged students to respect heritage while thinking critically about sustainable tourism. Participants submitted reflective essays post-trip. It was both an educational and eye-opening experience







Teach for India Fellowship Awareness

Date: 21/02/2025

Venue: PDEU

Overview:

An awareness session about the Teach for India Fellowship was held, aimed at encouraging students to participate in educational reform.

Event Highlight:

An informative session on the Teach for India (TFI) Fellowship was hosted by the NSS team. Alumni of the fellowship shared their personal journeys, challenges, and social impact. The presentation emphasized bridging educational inequality through grassroots involvement. Interested students engaged in a Q&A about eligibility, roles, and career growth. Flyers and brochures were distributed across departments. NSS encouraged youth leadership in education, aligning with their community empowerment goals. Several students signed up for TFI's future recruitment process. The session left a lasting impression on civic-minded students.





Cervical and Breast Cancer Prevention Awareness

Date: 27/02/2025

Venue: PDEU

Overview:

A health talk and screening awareness campaign was organized to promote preventive care and early detection of cervical and breast cancer.

Event Highlight:

This health awareness drive focused on early detection and prevention of women-centric cancers. A gynecologist led the session, explaining symptoms, screening methods, and vaccination options. Female students were encouraged to undergo regular check-ups. Educational videos were shown, followed by myth-busting around menstrual and reproductive health. Pamphlets on HPV vaccination were circulated. Male students also attended, fostering an inclusive environment. The initiative broke taboos and sparked open discussion. Feedback reflected a significant increase in health awareness among attendees.





Social Visit to Raygadh

Date: 18/03/2025 Venue: Raygadh

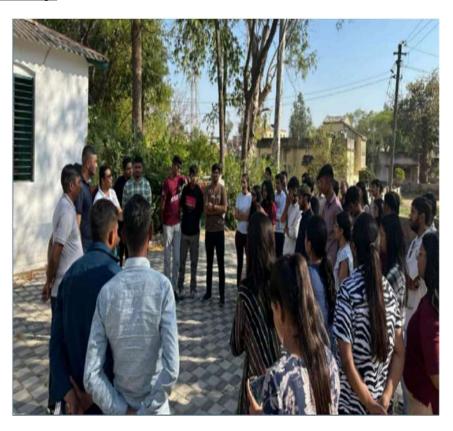
Overview:

A social outreach trip to Raygadh focused on engaging with underprivileged communities. Activities included games, distribution of goods, and educational support

Event Highlight:

NSS organized a field visit to Raygadh, a rural community grappling with social and economic challenges. Volunteers interacted with villagers, visited cow shelters, and some trekking activities. Interaction with local women was done. Students experienced rural dynamics firsthand and reflected on privilege and empathy. The visit served as a bridge between academic knowledge and social understanding





Fit India Cycle Rally

Date: 23/03/2025 Venue: Gift City

Overview:

A cycling rally promoting fitness and healthy living was conducted in line with the Fit India Movement. Students pedaled across the city to spread the message of active living.

Event Highlight:

A 10-km cycle rally was flagged off under the Fit India Movement banner. Students and faculty participated in full force, with proper safety gear and hydration kits. The rally promoted physical fitness, mental well-being, and clean transportation. Placards with fitness quotes and slogans were carried along the route. Volunteers also handed out fruit and water to participants. The rally ended with a brief cooldown session and prize distribution. It was a high-energy, community-inclusive event.





Bird Drinker Installation

Date: 28/03/2025

Venue: PDEU

Overview:

As summer approached, bird drinkers were installed across campus to ensure hydration for birds, encouraging compassion toward urban wildlife.

Event Highlight:

With rising summer temperatures, NSS volunteers took the initiative to install bird drinkers around campus. Recycled plastic bottles and earthen pots were converted into water containers. Posters explained the importance of urban wildlife care. Volunteers are committed to refilling and maintaining the drinkers daily. This small act of kindness supported local birds and inspired onlookers. The project received positive attention on PDEU's social media handles. It proved how minor efforts can have meaningful ecological impacts





Obesity Prevention Week

Date: 04/04/2025

Venue: PDEU

Overview:

An awareness campaign addressing obesity, nutrition, and lifestyle disorders was held through expert sessions and BMI assessments

Event Highlight:

Throughout the week, NSS conducted sessions on nutrition, physical activity, and wellness under the theme of Obesity Prevention. Guest dietitians held talks about balanced eating and portion control. Students underwent BMI tests and were given personalized reports. Workshops focused on simple exercises for daily routine and mobile detox. Posters warned about risks like diabetes and cardiovascular disease. Reflection sessions helped students commit to lifestyle changes





Cybersecurity Awareness Campaign

Date: 19/04/2025

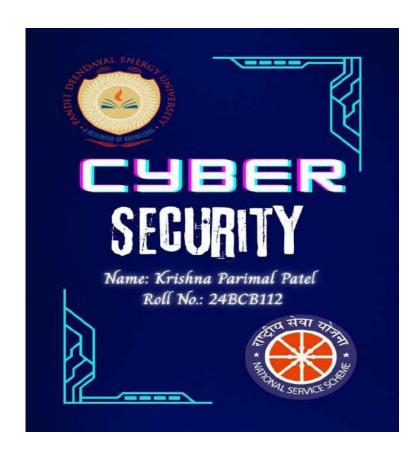
Venue: PDEU

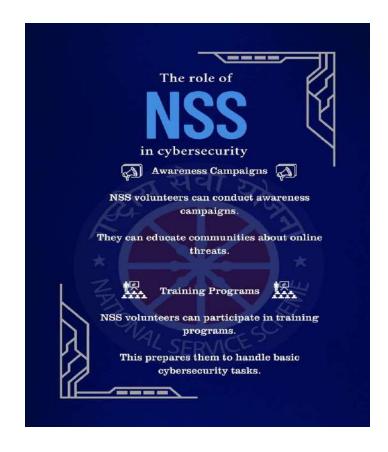
Overview:

An informative session was conducted on digital safety, covering online threats, data privacy, and secure browsing practices for students.

Event Highlight:

This campaign was organized to raise digital safety awareness among students. IT professionals from the industry delivered talks on password safety, phishing, and social media privacy. Live demonstrations showed how easy it is to be hacked without caution. Brochures on safe online behavior were distributed. Students participated in a quiz and were awarded certificates. The initiative emphasized the need for every student to be digitally responsible. It concluded with a pledge to practice safe digital habits.





NSS Team (2024-2025)





Thank You

Thank you for your time and support.

Together, we can create a healthier and more connected university experience.

