SLS MIRROR

November-December'21

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Let's Talk

DESIGN THINKING IN ACADEMICS: A NECESSITY AND NOT A LUXURY



The world is changing at the rate of knots. As cliched as it sounds, at times, it is difficult to comprehend the enormity of this statement. One of the fundamental aspects of this statement is to approach different problems using novel mechanisms. Even 20 years back, manufacturers designed their products based on their own tastes and shoved those down the throats of potential customers. The customers had no other option but to accept the same. It was a top-down business process, where the manufacturers were the decision makers.

However, the infusion of newer technologies and the sheer increase in competition has ensured that customers can no longer be taken for granted. Therefore, customization has become the norm. In the changed business environment, it is very important for both product and service providers to mend their style of functioning. Empathy, thus, is no longer an option. It is an economic compulsion.

This is exactly where design thinking comes into play. However, before we proceed, it is vital to understand as to what the term means in reality. A Google search would return thousands of links that claims to explain design thinking. However, most of those explanations are rather convoluted and thus beats the very basic purpose of design thinking.

To put it in very simple terms, design thinking is nothing but the mindset that focuses on empathetic learning, effective collaboration and lasting solutions. It makes an overt attempt at understanding the needs of the end users and modifying the design process accordingly. The idea is to provide exactly what the end user needs and wants. It doesn't take the usual route of modifying the users' needs and wants. While it sounds all too simple, the process isn't. This is precisely the reason as why contemporary students need to be oriented to the fundamentals of design thinking as a necessary part of their curriculum.

Some people have an erroneous concept that design thinking applies to only designers. The truth couldn't have any farther. It concerns any human activity that influences other human beings. The world of contemporary academics thus requires design thinking more than anything else. This is so as it at this stage that future service provides and product manufacturers are groomed to meet the needs and demands of the industry.

Let us take a very relevant example to understand this. Academic research is an area that is of paramount importance in deciding the future of humanity. Unfortunately though, the biggest problem with contemporary academic research is its absence of relevance and focus. This is where design thinking can come in handy. Design thinking can orient the research in the right direction.

In the current context, innovation and structural sense have become critically important. While innovation takes anything to the next logical level, structural sense provides a direction and a purpose. Design thinking facilitates both innovation and structural sense. It is important to remember that problems never come in specific genres. The solution to any problem requires a composite approach that is not confined by topical boundaries. Design thinking helps in developing a composite approach.

Given the scenario, educational institutions should make it a point to incorporate the various approaches to design thinking as compulsory part of the curriculum. While the subject is relatively new and novel theories are being developed everyday, it is very important to sensitize the students to the needs of their prospective and future clients. The job of any professional is to cater to the needs of the clients and students should be able to understand that after completing their education. Therefore, whether or not one likes it, design thinking is the way forward in a digitally connected world.

Stay safe, happy and healthy!

Cheers!
Dr. Amrita Chakraborty
Editor
SLS Mirror





SLS EVENTS CALENDAR - NOVEMBER & DECEMBER 2021

SLS SCHOOL OF LIBERAL STUDIES	November & December 2021	School of Liberal Studies, PDEU		
Sl. No.	Date of the Event/Activity	Name of the Event/Activity	Number of Participants	Department
1.	8th September – 8th December 2021	Caste System in India and US	30+	Department of Social Sciences
2.	12th November 2021	Report on Structural Equation Modelling Using SPSS AMOS	18	Department of Social Sciences
3.	13th – 14th November 2021	International Conference on Cognitive Behavioural Interventions – ICCBI 2021	100+	Department of Social Sciences
4.	23rd November 2021	Marketing of Goods and Services W.R.T Misleading Advertisements	74	Department of Business Administration and Commerce
5.	2nd December 2021	Global Lecture Series - 3	55+	Office of International Relations
6.	6th to 8th December 2021	Training Workshop on R Statistical Software	21	Department of Social Sciences
7.	8th December 2021	Samvād@SLS	8	Department of Languages, Literature and Aesthetics
8.	17th – 18th December 2021	8th International Congress on Stress, Performance and Wellness	200+	Department of Social Sciences

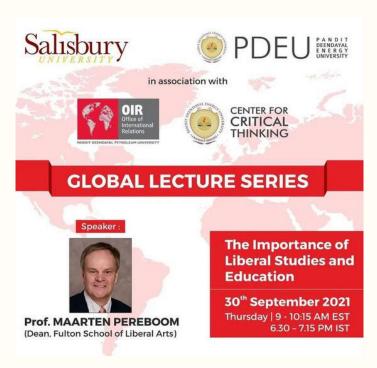


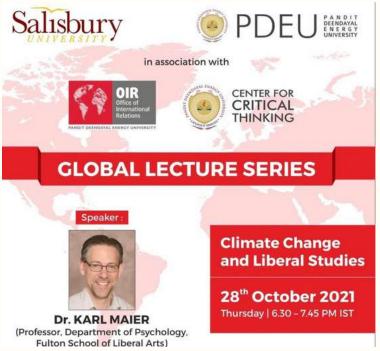
GLOBAL LECTURE SERIES -3

Reinventing Professionalism with Liberal Arts in the Current Times

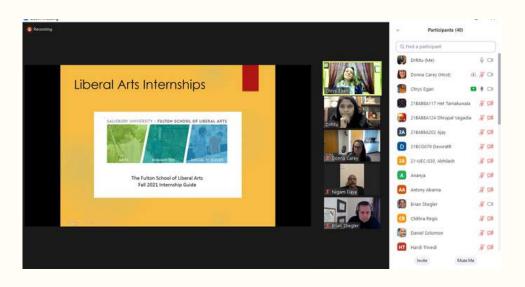
Rapporteur - Martin S

2 Dec. 2021: As a part of the initiative to promote global partnership in education with global institutions, SLS PDEU in association with Salisbury University conducted a Global Lecture Series on different topics that focused on emphasizing the importance of Liberal Studies in the education sector. The guest speakers were Dr. Brian Stiegler (Asst. Provost for International Education at Salisbury University & Dr. Chrys Egan (Asst. Dean of the Fulton School of Liberal Arts and Professor of Communication). The third Global Lecture series was informing about the opportunities of professionalism of Liberal Arts with the current scenario. Both the speakers Dr. Brain & Dr. Chrys spoke on High Impact Practices (HIPs) with student's emotions, gestures and their additional investment in the education system. Their speech correlated with the importance of Liberal Studies and with the current education and business system around the globe. More than 45 participants attended the session and it was well received among them. The session ended with a moderation of questions and answers by Dr. Ritu Sharma & Prof. Nigam Dave and with delightful responses from the delegates. All participants were given a certificate of participation.

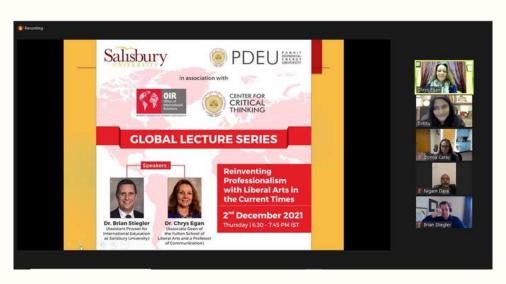
















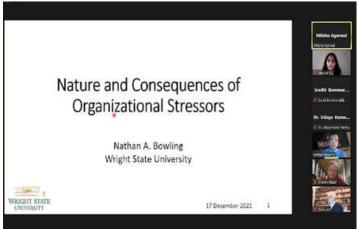
8TH INTERNATIONAL CONGRESS ON STRESS, PERFORMANCE, AND WELLNESS ORGANIZED BY INTERNATIONAL STRESS MANAGEMENT ASSOCIATION AND OTHER PARTNER ORGANIZATIONS WITH SLS, PDEU AS A KNOWLEDGE PARTNER

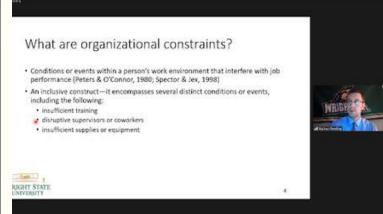
Rapporteur- Akhila K Narayanan and Stuti Jain

17-19 Dec. 2021 Day 1: Congress's opening ceremony was carried out by the honorable Chairperson of ICSPW and President of ISMA India Dr. Uday Kumar Reddy. All the concerned stakeholders of the congress received a warm welcome, followed by speeches delivered by the guests of honor Dr. Ujwala Chakradeo, vice Chancellor of SNDT Women's University; Prof. S. Sundar Manoharan, Director General of Pandit Deendayal Energy University; and Prof. K. Ramachandra Reddy, a retired professor at Osmania University. The guests of honor received their respective awards from the ISMA Foundation.



Further, the congress proceeded for the first discussion of Day-1 of the Congress by Prof. Nathan A. Bowling addressing the 'Nature and Consequences of Organizational Stress', by sharing his research findings through the 2 study papers on this subject.









Dr. Ritu Sharma, Dean SLS, introduced and welcomed the Director-General, PDEU, Dr. S. Sundar Manoharan to deliver his opinions on the 'Organizational Learning and Development - Innovation and Approaches'. Dr. Manoharan discussed the four crucial elements of organizational learning which consisted of supportive leaders, a culture of continuous improvements, an intuitive knowledge process, and a defined learning structure. He also emphasized the importance of well-being in the workplace and the various impacts of stress on innovation which have lately become a global issue that needs to be addressed.



Later the first Panel Discussion for the Congress took place which was based on the topic of 'Stress at Administration, Occupation, Corporates and Institution' by the panelists: Mr. Manoj Patra, Prof. Saswata Biswas, Dr. C Mohana Reddy, and Mr. Surya Prakash Mohapatra. Each speaker in the panel discussed how they perceive stress through intensive research, effective stress management, and the AAA (awareness-alignment-action) model, their anecdotes from corporate experiences, and how big pharma reacted and responded in the face of a global pandemic. The afternoon session began with the following Keynote Address: 'Family, Spiritual Resilience and Performance Leadership', by Prof. Mayer Claude Helene from the University of Johannesburg, South Africa, elaborating upon the significance of creating awareness on resilience with performance leadership in contemporary workplaces also mentioning the role played by family and spiritual resilience in the holistic performance.

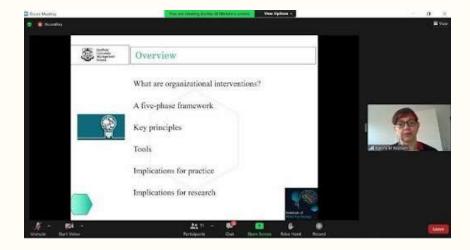
The next keynote address was given by Dr. Rajesh on the topic, "Corporate Wellness and Work-Life Balance in New Normal". The session began with him introducing how work-life balance and corporate wellness during the pandemic has become a concern along with how it was before and after COVID-19. This was followed by what steps were taken by Reliance Industries for Optimum health and wellbeing which he explained in-depth along with the overall outcome of these programs.







Coming to the subject for 5th Keynote Address of the day, being 'Technology and Interventions in Stress, Performance, and Wellness.' The speaker for the subject was Karina M Neilsen, who stressed the importance of interventions in the workplace, and what are the necessary changes to be formulated in these interventions. The 5-phase model for implementation of the intervention model includes initiation, screening, action planning, implementation, and evaluation.







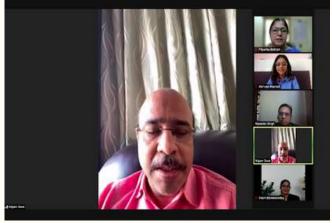
The concluding topic was based upon, 'Economic Stress' conducted by Prof. Robert Sinclair who mentioned various research studies based in the US that presented statistics for the income levels, work, and finance associated with stress, low financial literacy, and theoretical issues. The speaker underlined the scope for research on topics like 'Justice Stress'.





Day 2: Proceeding with the second day of the ICSPW, the morning session witnessed the 7th Keynote address of the Congress, and it was based on the 'Cross-cultural, Virtual Teams and Wellness' by Prof. Sharon Glazer. She meticulously stated the effects that cross-cultural and virtual teams have on our well-being and went on to define 'virtual teams', their key features and advantages, one of them being, flexibility. The subject of employee well-being, the role of intercultural training, organizational and supervised support, were discussed at a great length by Prof. Sharon.

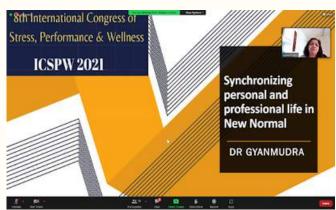




Proceeding with the first Panel Discussion for the day, the speakers were: Prof. Nigam Dave, Mr. Gordhan Rao. Mr. Ram J and Dr, Priyanka Behrani on the topic 'Handling Academic and Occupational Stress'. Panelist Rajendar Singh brought upon an experiential discussion indicating the challenges of "The Great Resignation". The third Panel Discussion for the day was based on 'Synchronizing personal and professional life in the New Normal' which was taken by Prof. Gyan Mudra, Dr. Ritu Sharma, Prof. Parag Kalkar, and Dr. Vishal Shah.

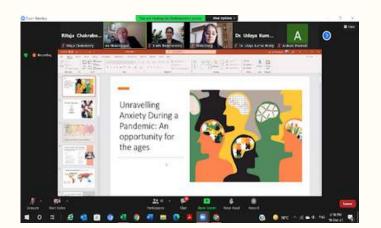


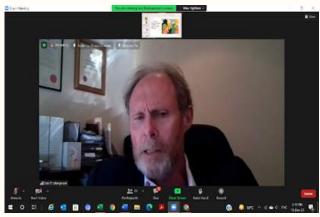


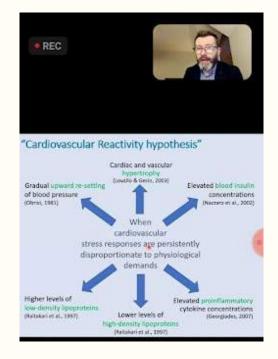


After the panel discussion, the afternoon session began with a keynote on the topic, "Unraveling Anxiety during Pandemic: An opportunity for the ages" by Mr. Ian Shakespeare. The keynote focused on the increased cases of anxiety due to the Covid-19 pandemic along with mentioning the causes, consequences, and coping strategies. Mr. Shakespeare also discussed the role of organizations in curbing anxiety.

Another keynote was given by Prof. Brian Hughes on the topic, "Cognitive, Emotional and behavioral aspects of stress". The keynote focused on the effect of personality and stress on the physiology of a person. It was an informative session that talked about how stress has negative impacts on health and how the body changes to cope with high-stress situations.





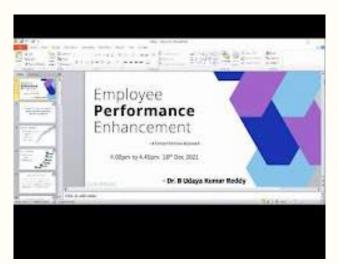


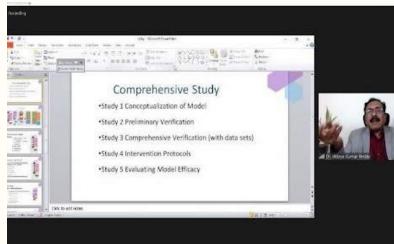






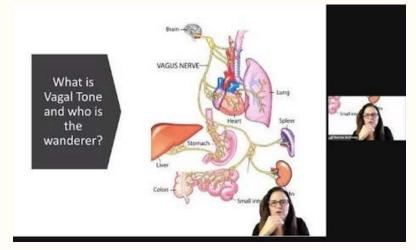
The last keynote of the day was given by Dr. B Udaya Kumar Reddy on the topic of, "Employee Performance Enhancement: A Comprehensive Approach". The session began with him talking about learning along with his research journey on employee performance.





Day 3: The 3rd day of the 8th ICSPW began with a panel discussion on the topic, "Psychological Empowerment and Employee Wellness at Workplace" the panel consisted of Dr.Nilesh Thakre, Dr. Vinita Sharma, Prof. Urmi Nanda Biswas, Dr. Rachel McInnes, and Mr. Mainak Ranjan Chaki. The discussion was focused on employee needs and employee wellness management, and how it has become a glaring challenge in the current industrial segments. The concepts of 'work-life balance and 'upskilling' were extensively discussed along with varied stress management techniques, focusing upon the employees at the workplace throughout the discussion.







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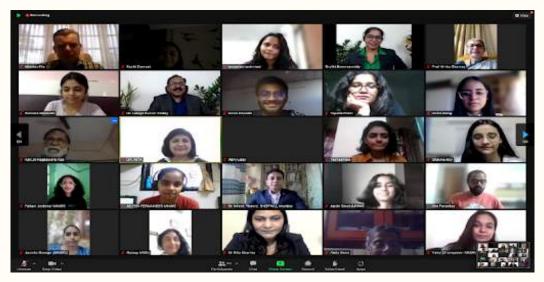
Another panel discussion followed which focused on the topic, "Corporate Wellness and Work-Life Balance" whose panel was composed of Prof. Sandeep Kumar, Dr. Chandrani Sen, Irina Oshchepkova, Dr. J. Vijaya Rao, and Ms. Uma Rao. The discussion began with how the corporate world is evolving, with the ongoing disruptions faced by organizations, and how their business models are changing in response along with how preventive and proactive measures can assist employees' physical and mental wellbeing. The panel discussion was concluded by discussing various aspects related to corporate wellness and stress management.





The next event of the conference was again a panel discussion on the topic, "Socio-organizational and Work Culture Dynamics Post Pandemic" and the panel included Ms. Carole Spiers, Dr. P Swathi, and Dr. M.P. Ganesh. The panel in detail discussed a healthy working environment alongside the problems faced by employees due to the pandemic, especially the female employees, and the impact of the pandemic on gendered jobs.

This discussion was followed by a keynote on, "Stress and Illegitimacy at Work" by Dr. Marcus Fila which threw the light upon work identity: Tasks, Roles, and Goals of the Organizational, Team and Personal in regards to the meaningfulness of work balance alongside with how people strive for positive identities with their work roles and core tasks.



A REEL

The keynote was followed by the Valedictory Session wherein Dr. Rita, Dr. Marcus and Dr. Dixhoorn gave their insightful and positive feedback about the Congress along with Dr. Ritu Sharma giving the Summary of the Congress which focused on a wide range of areas of Health, Occupation, and Education. Dr. Nilesh then took over the session to give a formal vote of thanks. Overall the 8th ICSPW with insightful panel discussions by the panelists to thought-provoking keynotes by speakers the conference offered an opportunity for great learning to all the participants.

SLS Student List For ISCP Conference who contributed included Amola Jagirdar (Students Coordinator), Akhila K.N. (Student Coordinator), Ishan Chawla (Student Coordinator), Bhavna Roy, Palak Desai, Sachi Damani, Yajushi Patel, Samisha Pant, Anupriya Toshniwal, Aishvee Bhansali, Aashi Chhatiawala, Stuti Jain, Abhyuday Sikarwar, Ishita Dang, Priyanshi Hurkat, Khushi Teli, Meenal Jha, Yashvi Fofaria, Maanya Shah, Ritaja Chakraborty





CASTE SYSTEM IN INDIA AND U.S.



Rapporteur- Amola Jagirdar (Batch 18)

8 Sept. 2021 to 8 Dec. 2021: The second edition of the cross-cultural learning experience of "Caste in India and U.S." was a collaborative experience between the Psychology Department at Salisbury University (SU) partnering with students and faculties at Pandit Deendayal Energy University (PDEU) in Gandhinagar, India. The course was conducted from 8 Sept. 2021 to 8 Dec. 2021, and coordinated by Dr. Rachel Steele and Dr. Michele Schlehofer from Salisbury University and Dr. Ritu Sharma from SLS, PDEU. The panel of students from both the universities discussed the book 'Caste: The Origins of Our Discontents'. The course's main goal was centered on the discussion of the book 'Caste: The Origins of Our Discontents' by award-winning journalist Isabel Wilkerson. Caste explores race and racial hierarchies in the United States and compares them to the caste systems in India and Nazi Germany.

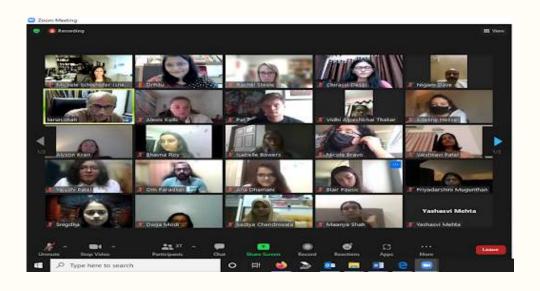
The course involved an approach of incorporating two components namely; synchronous and asynchronous. It was structured around 7 *Modules*, having each module mapping onto a part of the book. Each module applied a different psychological concept to the book, as indicated in the attached course schedule. Supplementary material (a short reading, podcast, or video) was provided in each module to provide the students with more information. The synchronous component was incorporated during the opening session, the lectures by scholars from India and USA, and during the closing panel discussion; whereas, the asynchronous component was employed as students actively engaged themselves via discussion boards and check outsizes. The course was enriched by weekly guest lectures by eminent scholars from India shedding light on the Indian perspective on the course along with co-teaching by Dr. Rachel Steele and Dr. Michele Schlehofer from Salisbury University.

S.no.	Date	Name of the resource person from India	Course
1	08.09.21	Prof. Tarun Shah	Caste System and Indian Perspective
2	15.09.21	Prof. Nigam Dave	Bhakti Cult and Caste in India
3	06.10.21	Dr. Prashant Kr Saha	Caste System and Social Cognition
4	20.10.21	Prof. Sandeep Kumar	Caste System and the new Working class
5	27.10.21	Dr. Jagannatham	Caste System and Policy reforms in India
6	10.11.21	Dr. Ritu Sharma	Caste System in India and Psychological Perspectives



Each scholar shed their perspective and experience about the discussion. Prof. Tarun Shah inaugurated the Indian series of lectures by briefing the students with the origin of the caste system in India and its roots in the history of the country that forms its current Indian perspective, followed by Dr. Nigam Dave who walked through the development of the caste system and its visible opposition during the bhakti cult. Dr. Saha was successfully able to connect the understanding of caste from a cognitive perspective positively linking it with its psychological basis. Prof. Sandeep Kumar and Dr. Jagannathan shared the current socio-economic and cultural implications of caste structuring current society and how the evil of the caste system can be dealt with using a legal framework, activism, and conscious awareness amongst citizens. The concluding lecture by Dr. Ritu Sharma gave a quick summarization of what had been discussed throughout the course and ended the lecture series with a broader understanding of the way forward for the concept of caste in the wide spectrum of psychology, with the knowledge from past, the conscious understanding and observation of present and to what we hope to visualize in future.

This course was an eye-opening experience for all the students as it unfolded the deep-rooted history of caste and the current practices being followed globally. It was an enriching learning exposure to a system that has yet to be contemplated upon and discussed beyond the surface level. 30+ students from SLS, PDEU, and Salisbury University participated in the virtual course and it was well-received by all the attendees. All the sessions ended with Q&A from students which were well answered by the experts.







MARKETING OF GOODS AND SERVICES W.R.T MISLEADING ADVERTISEMENTS

Rapporteur: Dr. Ankita Srivastava

23 Nov. 2021: An expert session for Marketing major students of BBA and B.Com Semester V was arranged with the expert speaker, Ms. Anusha Iyer, Advocacy Officer at the Consumer Education and Research Center, Ahmedabad.

The objective of this talk was to familiarize the students with the broad contours of false and misleading advertisements which are being practiced. The session helped students in the development of the skills and concepts required as a marketing graduate to excel in the advertising field. Ms. Anusha shared various examples of CERC's advocacy efforts on various consumer issues with policymakers and industries, including consumer research to help strengthen their arguments on misleading advertisements successfully.

The session was very interactive and students actively participated in the entire session and had a great Q&A session. Ms. Iyer also shared various internship opportunities available in CERC which were of the students' interests.

Following are some glimpses from the session:



















Samvād@SLS

A space for dialogue

Rapporteur: Dr. Annie Royson

8 Dec. 2021: The final Samvād talk of the semester was delivered by Dr. Amrita Chakraborty who spoke about 'A Critical Analysis of Indian Social Media Dynamics'. Social media, a term that collectively represents the set of most dynamic media platforms in the contemporary world, constitutes the websites or application-based platforms which allow users to participate with their own content or by viewing others' posts. Over the past decade in India, social media platforms such as Facebook, Twitter and WhatsApp have become avenues for people to express their opinions. Certain such expressions are controversial and lead to social disorder. The spread of certain social media messages led to communal disharmony in the recent past as well. Fake news and viral messages also made the Indian government intervene and take measures.

This talk explored a few prominent cases from India, where social media played key roles in creating social disorder. Dr. Chakraborty used the case study method to draw an association between multiple cases and the imposition of the new Information Technology regulations by the Indian government. She identified the impact of social media on the social dynamics of India.

'Samvād' is a space where the faculty community of SLS can present their research ideas or any relevant areas of interest with a supportive group of colleagues to provide feedback and generate dialogue. This is also a space where junior colleagues can find some mentoring in advancing their own research and presentation skills. Samvād strives to create a space within SLS for faculty to present core research/works-in-progress/pedagogy and invite feedback from colleagues in a semi-formal, yet academically rigorous, atmosphere.





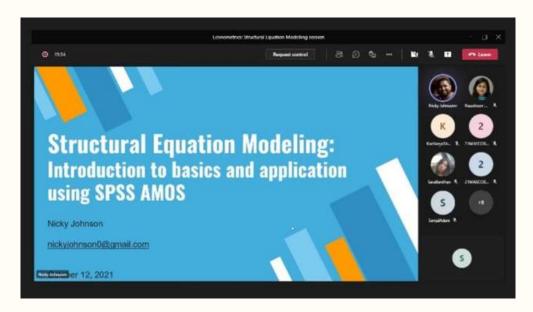




SESSION ON STRUCTURAL EQUATION MODELLING USING SPSS AMOS

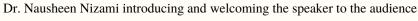
Rapporteur: Bhargavi Siram

12 Nov. 2021: The Economics Area, Department of Social Sciences organized a special training session on Structural Equation Modelling using SPSS AMOS to introduce the practical aspects of Econometrics that are not usually covered in the curriculum but are substantially used, statistical software. The session was moderated by Dr. Nausheen Nizami, Associate Professor (Economics), PDEU and carried out by Mr. Nicky Johnson who has completed his education from St. Xavier's College, Ahmedabad and MS University, Badora. He holds a very rich and diverse experience in various national and international projects related to water management, governance and agriculture. A total of 18 students pursuing PG and UG in Economics participated in the session.



Speaker Mr. Johnson introducing the theme of the session to audience

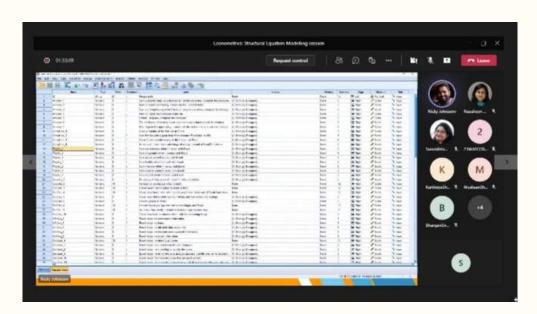




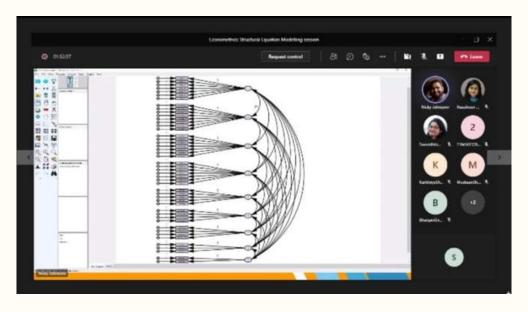




The SEM analysis aimed at determining whether the theoretical model is supported by the sample data or not. This software is widely used in Social Psychology, complex models, multi-faceted constructs, other dependent and independent variables and modelling a causal system. The general modelling framework integrates a number of different multivariate techniques. The SPSS AMOS software was introduced where in initially the concept of latent and observed variables was discussed followed by two types of factor analytical models i.e. explanatory (EFA) and confirmatory (CFA). These models were further explained running a simple and complex model on SPSS AMOS software giving a practical example and how to apply this knowledge in future projects.



Mr. Johnson explaining the use of dataset in SPSS for running SEM Analysis



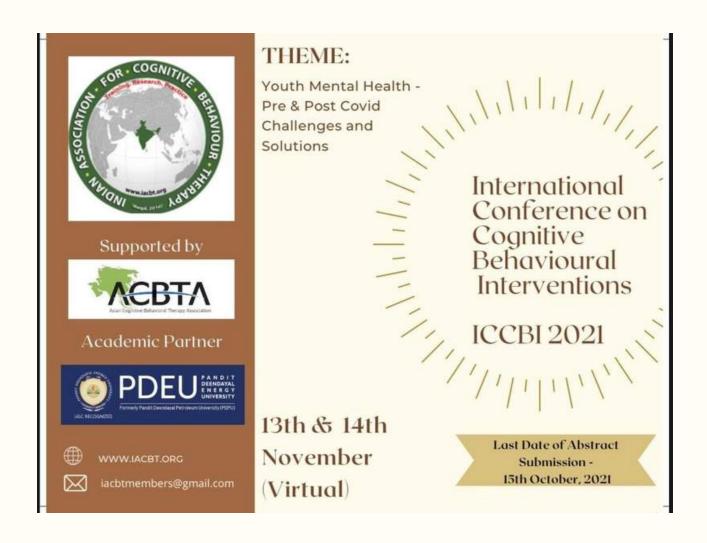
Mr. Johnson demonstrating SEM framework using SPSS AMOS to the students





INTERNATIONAL CONFERENCE ON COGNITIVE BEHAVIORAL INTERVENTIONS – ICCBI 2021

Rapporteur: Kanishka Varyani and Amola Jagirdhar



13-14 Nov. 2022: Fourth International Conference on Cognitive Behavioural Intervention organized by Indian Association of Cognitive Behavior Therapy and Asian Cognitive Behavior Therapy Association with SLS, Pandit Deendayal Energy University as a knowledge partner. The inaugural session started with a welcoming speech by Prof. S. Sundar Manoharan, Director General of Pandit Deendayal Energy University, and insights by the EC members of the Association.





INTERNATIONAL CONFERENCE ON COGNITIVE BEHAVIOURAL INTERVENTIONS - ICCBI 2021 (VIRTUAL)

SCIENTIFIC PROGRAM

TIME TOPIC 12:00-01:00 PM Empowering Communities with better Mental Health Literacy in Asia Dr. Alvin Ng Lai Oon, Seminar Sunway University, Malaysia 01:00 - 03:00 PM Rigidity to Fluidity: Changing perceptions with exercise Psychology WS6 Ankita Jain, Sports Psychologist & Alfiya Shaikh, Sports Scientist, Hyderabad Kam Gillar Invited Talk Pre-conference workshop Basic skills in Compassion Focused Therapy Certified CBT & EMDR therapist, BABCP, UK Dr. Andrew Beck WS3 - Using CBT to treat Tics & Tourette's Pre-conference workshop Disorder President, BABCP, UK Zoom link - https://ws02web.zoom.us/j/847058417607pwd=YWNROHZyV2ZcWERPaFIZYnlBdFhRdz09_(for all sessions except workshops)

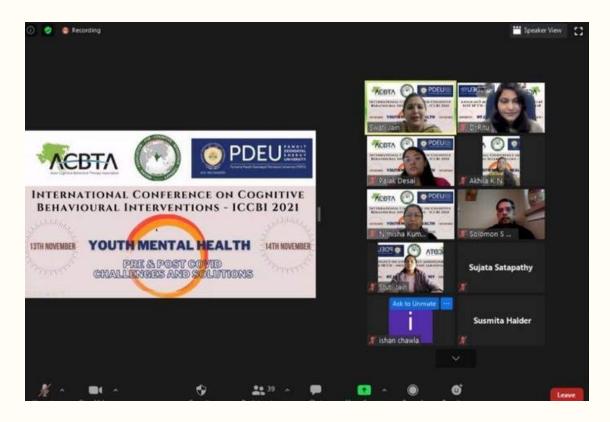
TIME	TOPIC	SPEAKER	SESSION
10:00-10:30 AM	Welcome & Introduction to the Conference Theme	Dr. Sujata Satapathy, IACBT Dr. Nimisha Kumar, IACBT	
10:30-11:00 AM	Inaugural speeches Dr. S. Sundar Manoharan Hon'ble Director General, PDEU Prof. Nigam Dave Director SLS, PDEU Dr. Ritu Sharma Dean, SLS, PDEU & Vice President IACBT		Inaugural Program
11:00-11:30 AM	Keynote Address – Grappling with the Crippling Rise in Youth Anxiety in the Wake of the COVID-19 Pandemic	Hon, Secretary, WCCBT	
11:30-12:00 PM	Special Address - Body Weight Challenges during pandemic Covid-19 for Youth: Fight, flight, freeze, fawn?	Dr. Firdaus Mukhtar President, ACBTA	
12:00-12:30 PM	Online Cognitive Behavioral Intervention for loss and grief in youth during COVID-19	Dr. Manjula M., Professor NIMHANS, Bangalore	Invited Talk
12:30-01:00 PM	Living in the Healthy Adult Mode	Dr. YoungHee Choi, Mettaa Institute, South Korea	Invited Talk
01:00-02:30 PM	Parallel Open Paper/Poster sessions - S1 and S2		
02:30-04:30 PM	Managing self-harm through DBT	Mansee Gupte, CAMHS, NHS, UK	In-conference workshop
04:30-05:00 PM	The practice of tele-psychotherapy: turning adversity into advantage	Dr. Paulomi Sudhir, Professor NIMHANS, Bangalore	Invited Talk
05:00-07:00 PM	CBT for OCD – special ref to online therapy	Dr. Michael Townend Univ. of Derby, UK	In-conference workshop

TIME	TOPIC	SPEAKER	SESSION	
10:00-12:00 PM	Oppositional Defiance Disorder (ODD) during Covid-19 pandemic & its CBT management	Siddiqa Hussain Mindworksbait, Udaipur	In-conference workshop	
12:00-12:30 PM	Community Based CBT Interventions for Youth	Dr. Akash Mahato, HOD, Amity University, Kolkata	Invited Talk	
12:30-01:00 PM	Youth Mental Health during Covid-19: Reference to medical students	Dr. Pratap Sharan, Dept. of Psychiatry, AIIMS, New D	Invited Talk	
01:00-01:30 PM	Integrating somatic therapies in traditional CBT as a trauma informed approach	Dr. Prema Sharma, Clinical Psychologist, RML Hospital.	Invited Talk	
01:30-03:00 PM	Parallel Open Paper/Poster sessions - S3 and S4			
03:00-04:30 PM	Developments in CBT during the Pandemic in Asian Countries	Dr. Alvin Ng Lai Oon, Dr. Mohd. Irfan, Dr. Shin Ichi-Ishikawa, Dr. Nimisha Kumar	ACBTA Symposium	
04:30-05:00 PM	A preliminary model of Psychotherapy training: A relational & clinical skills approach	Dr. Naveen Grover, IHBAS, Delhi	Invited Talk	
05:00-05:30 PM	Digital addiction in school children & its management during the pandemic	Salony Priya, Director, Ummeed, Kolkata	Invited Talk	
05:30-06:30 PM	Concluding Remarks Vote of Thanks	Dr. Ritu Sharma, Dr. Susmita Halder	Valedictory Program	





Inaugral Session Photos





Dr. Nimisha Kumar welcoming the participants and introducing the theme



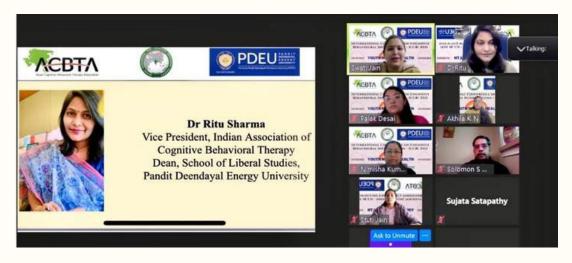




Dr. S. Sundar Manoharan, Director General, PDEU



Dr. Nigam Dave, Director, SLS, PDEU



Dr. Ritu Sharma Dean, SLS, PDEU



Day 1: The very first session of the conference was facilitated by Dr. Alvin Oon from Sunway University, Malaysia on 'Empowering Communities with better Mental Health Literacy in Asia'. He emphasized the importance of community interventions to make people feel empowered and discussed how acknowledging people's feelings, making them feel relatable can make them healthy individuals and improve their quality of life. The session was concluded with the introduction of a Well- Being which presented diverse ideologies like Social Connection, Healthy Habits, Beneficial Thinking, and Teach Others to improve well-being. The talk by Ms. Ankita Jain and Ms. Alfiya Shaikh followed on 'Rigidity to Fluidity: Changing perceptions with exercise Psychology', discussed the problems faced by modern society as a result of their rigid perception of what exercise is supposed to be. Various reasons and consequences for the same were discussed which was followed by the discussion of various steps to overcome it. Kam Gillar, an accredited Cognitive Behavioural Psychotherapist based in Berkshire, initiated the session on 'Basic skills in Compassion Focused Therapy' by talking about a different interpretation of the word 'compassion'. CFT which has similar principles to CBT but was introduced by Gilbert who found a Rational- Emotional mismatch in the clients was discussed as a therapeutic approach.

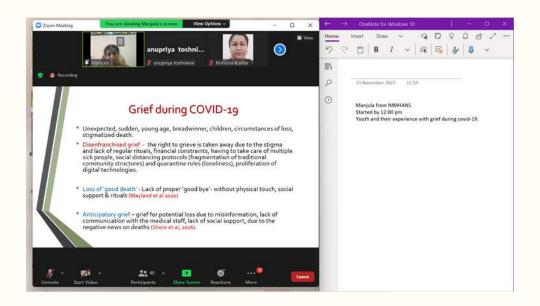
Day 2: Keynote Address – Grappling with the Crippling Rise in Youth Anxiety in the Wake of the COVID-19 Pandemic. Dr. Lata talked about the mental health tsunami that is prevailing in the wake of the Covid-19 pandemic. The feeling of fear and threat caused due to the pandemic and its debilitating impact were mentioned. Potential treatments were discussed at the end which helped in making the patients feel comfortable in normal as well as fearful situations as perceived by them. The session on 'Special Address - Body Weight Challenges during pandemic Covid-19 for Youth: Fight, flight, freeze, fawn?' was undertaken by Dr. Firdauss Mukhtar. She established that obesity was an increasingly occurring problem in the current world, and it has affected the mental health of the youth and discussed the implementation of V-FitBrain – a session which takes place for an hour weekly was conducted by Dr. Mukhtar in which positive changes have been implemented through CBT measures.





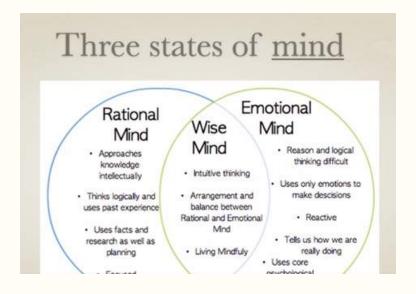


Further, Dr. Manjula threw light on the 'Cognitive Behavioral Intervention for loss and grief in youth during COVID-19'. The discussion covered the course of grief during the COVID-19, which was influenced by 'lack of proper goodbye' and 'anticipatory grief'. She also discussed the role of social media in giving pace to grief in a person's life.



Dr. YoungHee Choi, Metta Institute, South Korea, spoke about his personal growth and integration with CBT. He briefly explained how the schema mode works and what this approach's limitations are. Conclusively, he described the four modes and the 14 schemas relating to them.

The session on 'Managing self-harm through DBT' was conducted by Mansee Gupta, a psychotherapist working with National Health Service, UK. She introduced various aspects of self-harm ranging from breaking objects to suicidal urges. It was followed by introducing and explaining the concept of DBT. She discussed and demonstrated various skills like Mindfulness, Distress Tolerance, Emotional Regulation, Interpersonal Effectiveness and Socratic questioning which gave insight into the root of the problem







Dr. Paulomi Sudhir, professor at NIMHANS, Bangalore talked on the 'practice of tele-psychotherapy: turning adversity into advantage' about challenges regarding rapport establishment, technical glitches, attitude, and acceptability of tele-psychotherapy and the need for enhancement of E-literacy. She introduced the audience to NIMHANS's initiative to provide psychosocial support during the COVID-19 pandemic via a 24/7 helpline and concluded the session by summarising the advantages and disadvantages of tele-psychotherapy.



Dr. Michael Townend from the University of Derby, UK conducted a session on 'CBT for OCD- special reference to online therapy'. He talked about the challenges faced by therapists and clients while taking online therapy sessions and gave his suggestions to overcome them. Various models of the emergence of Obsessions and Compulsions like Behaviour, Cognitive, Metacognitive, and Idiosyncratic were presented. It was followed by a discussion of the treatment plan which included various behavior experiments as part of dealing with OCD clients for the therapists.







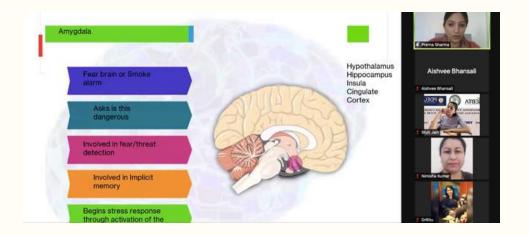
Day 3: Dr. Siddiqa Hussain, a clinical psychologist started the session on CBT management of Oppositional Defiant Disorder during Covid 19 by interacting and discussing the symptoms of ODD clients. She talked about the distinct characteristics which are seen in children suffering from ODD and demonstrated the techniques used in a therapy session.



The session on 'Community-Based CBT Interventions for Youth' was conducted by Dr. Akash Mahato, the HOD at Amity University, Kolkata. He threw light on the needs of psychotherapy services in various cities and discussed how we need to shift our focus from treatment to prevention.

Dr. Pratap Sharan from the Department of Psychiatry AIIMS, New Delhi talked on 'Youth Mental Health during Covid-19: Reference to medical students', about the specific stressors that the medical students were exposed to during the pandemic like increase in anxiety, stress, and the coping strategies adopted by them. He also made some important suggestions on the kind of focused intervention that is required for them.

The session on 'Integrating somatic therapies in traditional CBT as a trauma-informed approach' was conducted by Dr. Prerna Sharma, a consultant clinical psychologist in the Department of Psychology at Dr. Ram Manohar Lohia Hospital, New Delhi. It commenced with a brief introduction to the concept of trauma. She further continued the session by talking about one's primal responses to fear, which are fight, flight, freeze, spawn; specifically explaining the clinical implications of the freeze response.







The session on 'Developments in CBT during the Pandemic in Asian Countries' was commenced by Dr. Alvin Ng Lai Oon who expounded on the basic psychological and mental health developments in Malaysia. He covered the idea of Pandemic to Endemic in terms of mindfulness, mental health, and wellbeing at large.

Dr. Shin Ichi-Ishikawa talked about mental health in Japan during the Covid-19 pandemic through a prevalence study. He further discussed child mental health and parent mental health during full and partial school closure during the pandemic. He also mentioned a Prevention Model for the same and lastly explained the solution developed known as 'The Universal Unified Prevention Program for Diverse Disorders for school-aged children (UP2-D2)' and actions taken and implemented through it.

Dr. Mohd. Irfan initiated his presentation by speaking about the development of psychology as a practicing field as well as CBT in Pakistan He also talked about the opportunities with regards to developments in CBT during the pandemic, highlighting three main pointers: service provision, public education, and research.

Dr. Nimisha Kumar the last speaker of the day, discussed the scope as well as the legal and informal initiatives taken in India regarding the development of CBT during the pandemic and also talked about the transition to online therapy sessions, an increase of webinars, awareness, and demand of CBT training.



Dr. Naveen Grover from IHBAS in Delhi began the session on 'A preliminary model of Psychotherapy training: A relational & clinical skills approach' by introducing the Model of Psychotherapy Training. It was followed by a brief description of the possible roadblocks of this model which included aspects such as the focus on the trainer, self-regulation, over workload for trainees, among a few.





The session on 'Digital addiction in school children & its management during the pandemic', was conducted by Salony Priya who introduced the concept of Internet Addiction – its reach and modification. She also explained how parents can play a key role in turning this harmful situation around for children.

Concluding Remarks and Vote of Thanks

The Valedictory program began with presenting a video was created by student volunteers Aashi Chatiawala and Aishvee Bhansali on behalf of IACBT, paying tribute to the life of Dr. Aaron Beck and showcasing contributions made by him. It was followed by a valedictory speech by Dr. Alvin who emphasized the importance of recognizing and addressing the mental health challenges faced post-COVID - 19 and energized the audience to leave their mark as budding mental health propagators. Dr. Nimisha Kumar congratulated and awarded the presenters in each panel with the best research paper and poster. The concluding remark by Dr. Ritu Sharma briefly summarised all the enlightening learnings from the sessions over the course of two days. The vote of thanks was given by Dr. Sushmita Halder who briefly thanked all the guest speakers, organizers, volunteers for their relentless efforts and the participants for being patient and curious. The conference ended on a positive note of learning, sharing experience, and community building for mental health awareness.



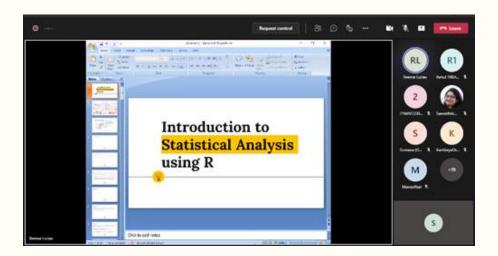


TRAINING WORKSHOP ON R STATISTICAL SOFTWARE

Rapporteur: Sanjana Varanasi and Sumana Lahiri

6-8 Dec. 2021: The training session on R statistical software was an initiative by the economics department, department of social sciences - SLS. The session was moderated by Dr. Nausheen Nizami, Associate Professor (Economics), PDEU and carried out by Ms. Reema Lucia who has been working as an academic associate at IIM-A in the department of economics since 2018. A total of 21 students participated in the session. The session was very informative, interactive and super interesting. The students gained a lot of insight into how the R statistical software works.

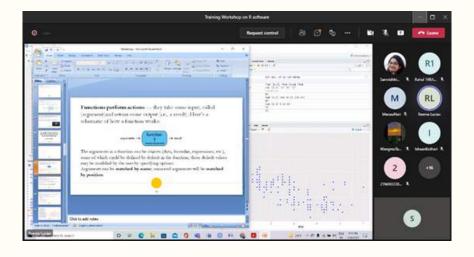
Ms. Reema started the session by introducing the idea of translating data into knowledge, and the importance of statistical softwares. There were interesting learnings and key take-aways from the workshop, like Simpson's Paradox, R requires logic rather than simply memorizing certain steps, and that the logical aspect of it is what makes it so intuitive, the syntax rules for R, the tidyverse package, Variable: A representation of a value in R that can be stored for using later in the programming, its Functions, Logical operators, Creating vectors, Ggplot for data visualization and so on.





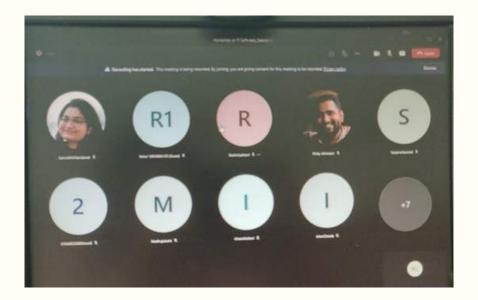


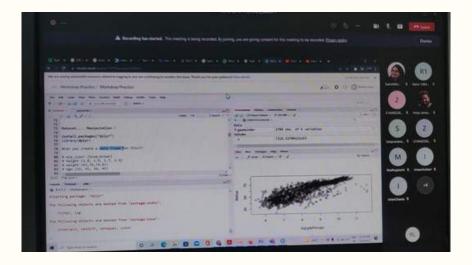




Day 2: 8 Dec. 2021

The second session of the workshop focussed on the advanced interaction after knowing the basics of R functioning. Ms. Reema started the session by recalling the basics of statistics and economics being translated to statistical software. They learned Gapminder package, Finding mean, medium and mode of the gapminder population, plotting them in graphs, Dataset manipulation, Join variable to create data frames, T.test, Linear regression and so on.









REPORT ON POSTGRADUATE RESEARCH DISSERTATION

Rapporteur: Dr Sriram Divi

20-23 Dec. 2021: The thid semester Postgraduate batch of the School of Liberal Studies (SLS) presented their first dissertation (Third Semester) viva in the month of December 2021 and submitted the thesis in January 2022 to their respective supervisors. The students presented the viva virtually over MS Teams platform, and a faculty panel evaluated the research work.

There are 70 dissertations completed by the students under six subjects – Public Administration, Mass Communication, Economics, English and Political Science & International Relations.

The research was done in the following broad areas as per subjects:

Public Administration: Digital Payments, Water Conservation, Good Governance, and Policy Analysis

Mass Communication: Effects of Coivd on Media Revenue, Withdrawl of Advertising, Social Media Photogrpahy, OTT and Its Effects, Factors influencing conusmers, Comparative study of Cinematic Adaptations, Analysis of theme and a lead female characters in movies etc.

Economics: Millenials Perception on Car ownership and cars on rent, Effects of Covid on Indian Economy, Online and Offline Marketing and Conusmers, Agriculture, Migration, etc.

English: A Postcolonial Reading of Horror in the stories, Representation of Mental Health Issues in Young Adult Fiction and Totalitarianism in Political System etc.

Political Science & International Relations: Higher Education in India and China, India's Maritime threats, South China Sea Disputes, Abrogation of Article 370, Foreign Aid in Nigeria, India's Foreign trade Policy, Domestic Violence in Nigeria and Jpana;s Development Assistance etc.

Psychology: Stress, Disorder, Social Interaction, Emotional Intelligence, Stress, Anxiety, Couple Theory, Elearning and Its Effects, Marital Satisfaction, Career Anxiety, Loneliness, Childhood Trauma, Covid and Its impact, and OTT platforms and perception etc.

Dr Sriram Divi, Coordinator PG dissertations has coordinated the entire presentation process.





REPORT ON UNDERGRADUATE RESEARCH DISSERTATION PROPOSAL PRESENTATIONS

November 2021

Rapporteur: Dr. Chaitanya Vyas and Dr. Sanjay Pradhan

17 Nov. 2021: As a part of academic requirement for Hons. Degree, all the Undergraduate students undertake dissertation research. Students are required to present their plan/proposal of the research and make final presentations when their research are completed.

To make the final year students of the School of Liberal Studies (SLS) familiar with the Dissertation process, a workshop was conducted on November 17, 2021 via MS Teams. The objectives of this workshop were to familiarize final year students on the significance of writing research Dissertation, expectations of the concerned Dissertation Guides, and to impart understanding of research methods and report writing among the students. The School of Liberal Studies Director Prof. Nigam Dave, Dean Dr. Ritu Sharma, Dissertation conveners Dr. Chaitanya Vyas and Dr. Sanjay Pradhan, and department faculty members guided students on the above mentioned aspects of in the areas of Business Administration, Commerce, Humanities and Social Sciences. The session was followed by answering questions put by the students.

In fifteen panels, 29 teachers, who are guiding the final years students' Dissertations, evaluated students' research proposals and gave feedback to carry out the research work further.







CENTRE FOR COMMUNICATION OF CHILD RIGHTS (CCCR-PDEU) ORGANIZES WORKSHOP TO CELEBRATE COVID-19 CHAMPIONS

Rapporteur - Prof. Pradeep Mallik

21 Dec. 2021: India continues to grapple with COVID19 as is the rest of the world. We in India have seen and nearly overcome the severity of the second wave of the pandemic. A new threat has emerged in the form of a new variant of the Corona virus. The silver lining in the cloud is that the number of active cases are falling in the country.

This has not happened overnight. Nearly two years of constant vigil and fight has made this happen. During this period many people have risen to the occasion and many have excelled themselves. They are referred to as corona warriors. The health workers, paramedics, volunteers, government and non-government agencies. They have remained motivated and in turn motivated others to fight against the disease and prevent or at least slow down the spread of the virus. It is time to acknowledge their efforts.

Towards this, Centre for Communication of Child Rights or CCCR of Pandit Deendayal Energy University or PDEU organized a half-day workshop titled "Celebrating COVID19 champions in Gujarat in association with All India Radio on December 21, 2021. CCCR is a joint initiative of UNICEF-Gujarat and PDEU.

The workshop began with the CCCR Lead, Prof Pradeep Mallik, setting the tone for the day's proceedings and highlighting the need to appreciate the role COVID warriors had played during the pandemic so far. Officials of AIR shared their experiences of reporting and broadcasting news and programmes on the epidemic. The programme began by Aaksahwani News Deputy Directors Shri Navalsang Parmar and Shri Jagdish Patadia highlighting the need for appreciating the efforts of corona warriors, AIR UNICEF Communication Specialist Ms Moira Dawa told about the efforts being made to recognize the efforts and heroic deeds of corona warriors. She also showed the participants a few short films on the corona warriors like ambulance drivers, health worker. Officials from the Information Depart of the government of Gujarat also participated in the workshop. Deputy Director Himanshu Upadhyay, assistant director Laljibhai and Amitsinh Chauhan from their team also shared their experience. They recounted how amid the gloomy news of sickness positive reporting changed people's perception of Civil Hospital of Ahmedabad.

Dr Nischal Bhatt of Indian Paediatric Association told the participants of how the much anticipated vaccination for children could be carried out. His advice was to take precaution instead of feeling sorry later on.

Many other participants also shared their experience. The refrain was battles are won in the head. It is important to keep calm in the event of crisis instead of panicking.













AUDIT COURSE REPORT ON MANDALA ART

Batch 2021-2025

13-21 Nov. 2021: What is an Audit Course?

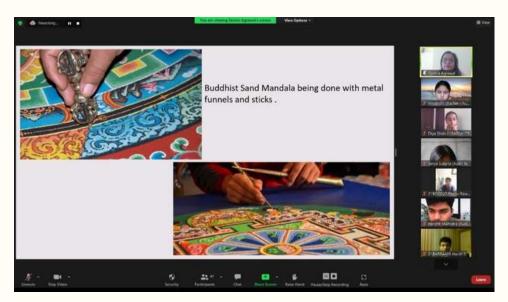
The School of Liberal Studies (SLS) offers an Audit course, especially for its first-year students. The course is a step towards one of the main objectives of SLS, of enhancing the creative thinking of a student and fostering the scholarly teaching and learning culture, based on reflective and creative independence. With the utmost discipline and confidence along with the guidance of the respected faculty members, the Audit Team and Mentors running the Audit and Exposure to NCC session on the online portal.

What is Mandala Art?

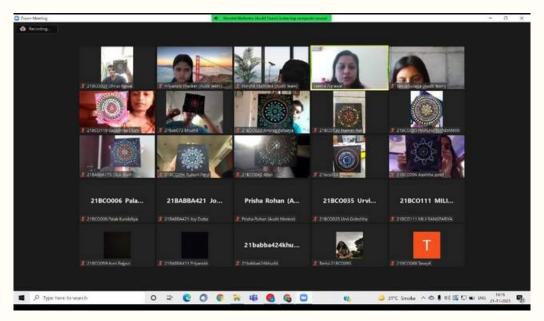
A mandala (emphasis on the first syllable; Sanskrit मण्डल, Mandala – literally "circle") is a geometric configuration of symbols. In various spiritual traditions, mandalas may be employed for focusing the attention of practitioners and adepts, as a spiritual guidance tool, for establishing a sacred space, and as an aid to meditation and trance induction. In the Eastern religions of Hinduism, Buddhism, Jainism, and Shintoism it is used as a map representing deities, especially in the case of Shintoism, paradises, kami, or actual shrines. The mandala is a support for the meditating person, something to be repeatedly contemplated to the point of saturation, such that the image of the mandala becomes fully internalized in even the minutest detail and can then be summoned and contemplated at will as a clear and vivid visualized image.

Session

Seema Agrawal commenced the session, which was overseen by the Audit team. The program began with a theoretical presentation in which students learned about the history and significance of Mandala art, followed by a practical session. The pupils were ecstatic because it was their first time, and they got right to work after the instructions were provided. Every kid took part in the exercise and displayed their artistic abilities on the canvas given. Every student received individual attention, regular encouragement, and guidance. The pupils began the painting according to their preferences, and if they encountered many difficulties, they were given instructions on how to resolve them. Students created beautiful art pieces, with each sketch turning out to be exceptional. Following lunch, each student turned in their work to the Audit Team's allocated volunteer. The session was both useful and interesting, and it ended with the completion of a feedback form. The students were divided into 4 groups; Group 1 on 13 Nov. 2021, Group 2 on 14 Nov. 2021, Group 3 on 20 Nov. 2021, and Group 4 on 21 Nov. 2021



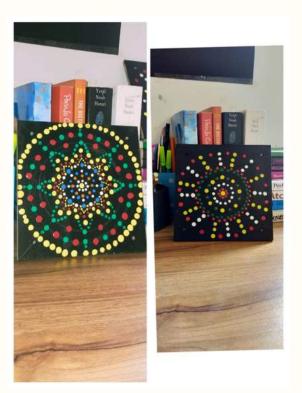
















AUDIT COURSE REPORT ON NCC

Batch 2021-2025

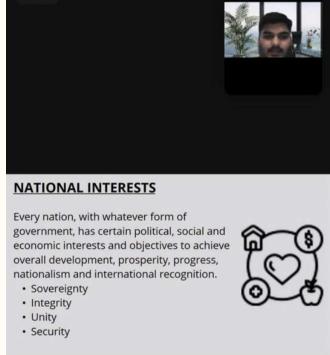
Rapporteur - Audit Team

22 Oct. 2021 & 12 Nov. 2021: The Exposure to NCC session for the topic of National Integration was divided into two sessions which were conducted on Friday, 22 Oct. 2021 and 12 Nov. 2021 respectively. The session was hosted by Harshit Malhotra and Keyanshi Desai from the Audit Team.

In the first session a detailed description was given for the topic's religion, culture, traditions and customs of India. The importance of national integration was taught and its importance for the youth of the nation was explained. Additionally, few video clips on the topic were also shown which made the topics interesting and clear. In order to make the session more interesting a game relating to the topic was organised where students actively took part and answered the questions enthusiastically.

The second session covered the next part of the presentation where the problems and the challenges of national integration were discussed and students saw the topic from a new perspective. The fundamentals and importance of unity was also explained and the students were ecstatic to see the outcome. Images and slogans related to national integration were shown which created a feeling of nationalism amongst the students. The contribution of the youth was also discussed which gave the students a sense of patriotism. Furthermore, third year NCC cadets SUO (Senior Under Officer) Mukesh Chavda and UO (Under Officer) Paramvirsinh Vanzara of 9th Gujarat battalion NCC were invited to give students a clear understanding about the NCC core. They explained and interacted with the students about the importance of the program and encouraged them to take part in it. A brief information about the programme, ranks, benefits, certificates from different levels was explained. Students got extremely motivated and encouraged to take part in the core programme of NCC. A student from the 21' batch also shared his experience about his journey of NCC 'A' certificate. The session was concluded with the queries of the students which were solved by the guests and the audit team. The students found the session interesting, engaging, informative and fun-filled.

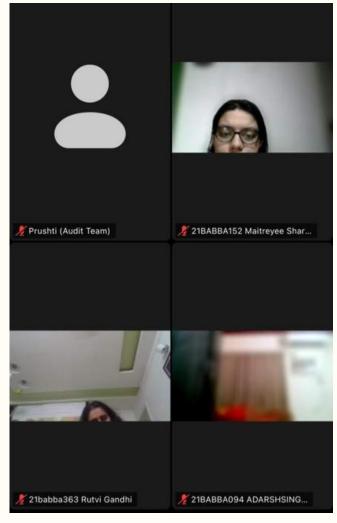


















DR. ANKITA SRIVASTAVA

Dr. Ankita Srivastava participated in a Faculty Development Programme on 'Entrepreneurship, Incubation & Innovation' from 20 Dec. 2021 to 01 Jan. 2022. The programme was organized by Electronics and ICT Academy, NIT Patna. It was conducted under the 'scheme of financial assistance for setting up of electronics and ICT Academics' by the Ministry of electronics and information technology, government of India.







DR. AMRITA CHAKRABORTY

Dr. Amrita Chakraborty presented a paper titled 'A Comparative Analysis of the Coverage of Science in Two Leading Indian Newspapers' at the 28th Annual Asian Media Information and Communication Center (AMIC) Philippines Conference on Science Communication, held virtually on November 20, 2021.



She also presented a research paper titled 'Identification of an Ideal Curriculum for Public Relations Studies in India' at the 5th National Media Conclave-2021, held virtually on November 22, 2021.



Dr. Chakraborty moderated the valedictory session of the 5th National Media Conclave-2021 on November 23, 2021. The Chief Guest of the session was the Honourable Governor of Odisha Prof. Ganeshi Lal and the Chief Speaker of the Session was celebratory journalist Shri P. Sainath. The theme of the conclave was National Education Policy 2020: Media and Digital Technology.







DR. RITU SHARMA

Dr. Ritu Sharma was the resource person in the panel discussion of the 8th International Congress on Stress, Performance and Wellness 17-19 Dec. 2021 on the theme 'Synchronising personal and professional life in the New Normal' on 18 Dec. 2021.

Dr. Sharma was the moderator for the 'ACBTA Symposium on developments in cognitive behavior therapy during the pandemic in Asian countries' as a part of the International Conference on Cognitive Behavioural Interventions – ICCBI 2021 on the theme 'Youth Mental Health Pre and Post COVID Challenges and Solutions' held on 14 Nov. 2021.



Captured from the E-Conference on ACBTA Symposium.





DR. S VENAKATA KRISHNAN & DR. ANURAG KUMAR SRIVASTAVA

Dr. S Venakata Krishnan and Dr. Anurag Kumar Srivastava presented a joint paper titled 'Indian Constitution through Civilisational Perspective: Reflections from Tirukkural' in a national seminar on the theme Indian Republic and Constitution: Aspirations and Expectations organized by the Department of Public Administration, UCSS&H, Mohanlal Sukhadia University, Udaipur held on 26-27 Nov. 2021.

For Abstract & Presentation:

https://www.academia.edu/62541105/Indian_Constitution_through_Civilisational_Perspective_Reflections_from Tirukkural

For Video: https://www.youtube.com/watch?v=TtkNd99X87g





DR. HIRENKUMAR SOLANKI

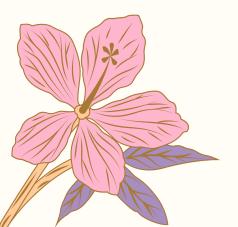
Dr. Hirenkumar Solanki in the month of November, successfully completed a certificate course on 'The Threat of Nuclear Terrorism' offered by Stanford Online, an online learning initiative by Stanford University with 96 per cent in weighted grade summary.



SHANTI P. CHAUDARI

Shanti P. Chaudhari published a paper in the **Scopus Indexed journal** named **'Global research mapping on reproductive health: a bibliometric visualisation analysis'.** The name of the journal is 'Global Knowledge, Memory and Communication', and is published by the **Emerald Group Publishing**.

Url: https://www.emerald.com/insight/content/doi/10.1108/GKMC-08-2021-0131/full/html





AGAM VIKRANT SHAH

Agam Vikram Shah, a PDEU student from 19BCO batch has done many online courses and he adds few more courses to the queue as he completes 'Stock Investing Made Easy' from eLearn markets and Accounting Leaning from TCS digital learning.

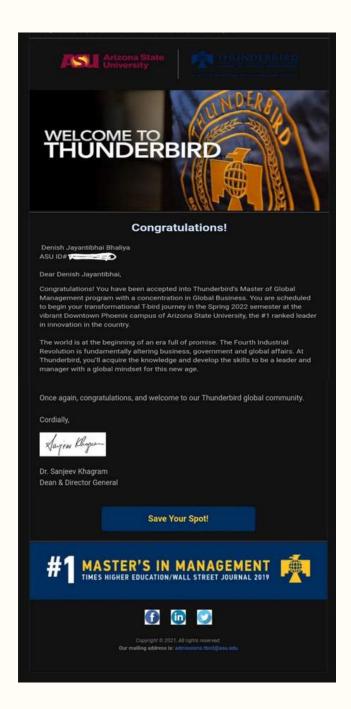


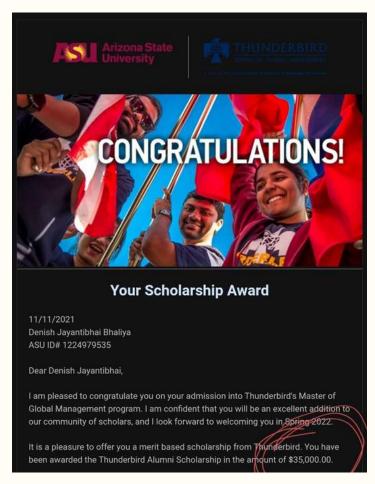




DENISH BHALIYA

Denish Bhaliya, a student of PDEU has been accepted for the Master's program at the Arizona state university, which has been ranked first in innovation in America. He was awarded the Thunderbird Alumni Scholarship of \$35,000.









DHRUMIL CHAUHAN

20 - 28 Nov. 2021: Dhrumil Chauhan was selected in International Film Festival of India (IFFI) as one of the 75 creative minds of the '75 Creative Minds of the India', founded in 1952, is one of Asia's most significant film festivals. Since 2004 Goa has been hosting this grand film festival every year. On the 75th anniversary of India's Independence and the 100th anniversary of Goa's Independence, Goa hosted the 52nd International Film Festival of India (IFFI) from 20 Nov. 2021 to 28 Nov. 2021.



Felicitation



Opening Ceremony

Director of the International Film Festival of India, Chaitanya Prasad, said, "We wanted aspiring filmmakers to connect with industry professionals; to have a convergence of art, culture, and education" by explaining the purpose of the '75 Creative Minds' initiative by the Ministry of Information and Broadcasting and IFFI 2021. This initiative was created to celebrate the 75th anniversary of India's independence with the 'Aazadi ka Amrit Mahotsav' program. The entries were judged for direction, editing, writing, sound and selected based on the skills reflected in the films in each submission. On 21 Oct. 2021 portfolio entries were requested from Indian budding filmmakers and teams aged 16-35.

He submitted two short films for his candidature, which he made during his Postgraduate days at SLS, PDEU. (1) Jal- Aparigraha (2) Me, Corona, and My school. His candidature was selected by the Grand Jury that included Mr. Prasoon Joshi, Mr. Ketan Mehta, Mr. Shankar Mahadevan, Mr. Manoj Bajpai, Mr. Resul Pookutty, and the Selection Jury that had Ms. Vani Tripathi Tikoo, Mr. Anant Vijay, Mr. Yatindra Mishra, Mr. Sanjay Puran Singh, Mr. Sachin Khedekar.

He got an opportunity to attend the opening ceremony of IFFI and he was able to interact with prominent directors, reputed and iconic personalities from the world of cinema, and participate in exclusive masterclasses by eminent personalities from the world of cinema.

بر مالا مدد (از



Superstars like Salman Khan, Ranveer Singh, Ritesh & Genelia Deshmukh, Shardha Kapoor, Rashi Khanna, and many more performed in the event.

The winners were felicitated on stage in the film festival's opening ceremony. After the opening ceremony, the winners were taken to the 'Taj Resort & Convention Centre, Goa' for a special dinner organised by the government of India. The dinner was organized with The Minister of Information and Broadcasting, Shri. Anurag Thakur and CM of Goa Shri Pramod Sawant and many other VIPs.



Opening Ceremony



With Goa CM Pramod Sawant

On the second day of the festival, there was a felicitation ceremony for '75 creative minds of tomorrow'. Dhrumil was felicitated by Shri. Anurag Thakur, Shri. Prasoon Joshiji and Shri. Ketan Mehta. He received a certificate with the signature of Shri. Anurag Thakur and a memento with posters of films and the autographs of prominent filmmakers and actors of Indian cinema.



With Shri Anurag Thakur



Certificate and Memento







Felicitation

Following are the posters and synopsis of the short films: -

1. Jal-aparigraha:

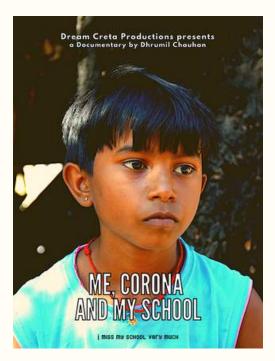


Jal-aparigah Poster

This movie is based on one of the 11 principles of MAHATMA GANDHI 'APARIGRAHA' (non-possessiveness, non-grasping, or non-greediness). One of the world's current trending issues, "SAVE WATER," is the centre point of this subject. This short film has been given the title-'Jal-aparigraha' (Jal + Aparigraha), which means water's non-possessiveness. Gandhiji says that we should not waste & grasp water because it's meant for every living creature of this earth by nature. Dhrumil has written, directed, and tried to arrange music pieces in this film. He tried the process of dubbing for the first time as the dialogues were unclear and inaudible because of the noises. This film has been selected and won awards in many national and international film festivals.



2. Me, Corona and My school:



Me, Corona and My school Poster

The COVID Pandemic has shaken the entire world. Everyone is going through this tragic situation. In the midst of all this is 8-year-old Sahil, studying in 3rd standard. Being from a low-income family, he attends a government school in his village, but the school's closing has changed his life a lot. Life is busy, everything is forgotten, etc. But still, he stays happy, has fun, studies on someone else's TV, plays, and waits for the school to open. If 8-year-old Sahil and many other children like him are struggling internally and living with the hope that this epidemic will go away and they could fulfil their dreams, then they can also keep our hopes up high and try our best.

Dhrumil adds that he made 'Jal-Aparigraha' when he didn't know anything about filmmaking, how to shoot-edit, or how to operate a DSLR camera. He just used his previous experience, which he gained from my theatre studies. Even after accumulating some knowledge of cinema, he was not fond of documentaries. But as a part of his assignment for the final examination, he made 'Me, Corona and My School.' He tried to take care of music and audio recording as much as possible. He took more time in audio editing and arrangement than editing the film for the first time.





ISHIKA SHAH

Ishika Shah, a student of PDEU, worked in a Gujarati film "CHABUTRO" which will be releasing soon this year. Along with that she completed her marketing internship at Prakalpan Architects. She also won the Ahmedabad city competition from Ahmedabad Mirror where she got selected out of 500 entries and got to shop with film star 'Malhar Thaker'. She won the All India "Azadi ka Amrit Mahotsav". On a lighter note Ishika adds that she is passionate about zumba and baking.













SHIMOLI BATRA

Shimoli Batra mentions about her experience working with L'utopia Magazine based in Pune. L'utopia Magazine is renowned for its publication for travel, fashion and food. Miss Aparajita Jaiswal is the founder/CEO/Editor in chief. She worked with them as their social media marketer for 2 months. And in these 2 months she learned and gained experience as a social media marketer. She gives the credit to L'utopia Magazine's team support that she was able to do what she was asked for correctly and in time. Her work with the team was to contact different brands related to travel, food and fashion to get them to collaborate with them and report back to the team. Shimoli was given the feedback that she deserved from the team. She mentions that it was indeed an amazing learning experience for her working with them.





TULASI SUSHRA

Tulasi Sushra's article got published in Bombay Stock Exchange Broker's Forum under the Forum View November 2021 Edition. She remarks, leadership is an important factor for making an organization good to great. It is the art and science of influencing people to perform assigned tasks, efficiently and competently. Classical leadership is moving from command and control to care and concern of people in changing, critical, and complex global business. New age leadership is dealing with unprecedented change and an unpredictable and challenging future. The focus of business and economy is shifting from financials and tangibles to health and sustainable development. This article focuses on the changing role of corporate leadership during the crisis and explains various E's for leadership.

Leadership is all about taking responsibility. Focus transparency, trust, governance, and on accountability. Care for employees and the community with empathy and agility. It requires clarity of vision even during times of crisis and change. Leaders make a mind to take solid and difficult decisions and to stand firm on what is important, valuable, and meaningful for organization. Leaders must convey a higher sense of meaning to achieve what seems impossible. S/he must closely look at the things that are not in control, how much it affects the current operations, and create a business continuity plan. Watch the market reaction to the change closely and provide a narrative about that higher purpose to help overcome challenges. S/he should have a response, recovery, and reconstruction plan after a crisis with prompt and decisiveness.

Bombay Stock Exchange Brokers' Forum (BBF) presents FORUM VIEWS November 2021 edition https://lnkd.in/ ...see more







VRUNDALI INAMDAR

Vrundali Inamdar a student of BABBA applied for a short-term internship programme which was organised by National Human Rights Council. Total 897 people from all over India applied for this internship and she was one of the 70 selected candidates. The main aim of the program was to create awareness about human rights among students so that they can stand for the rights of people in future. There were webinars by experts on different fields of human rights like police reforms, rights of criminals in jails, rights of children, rights of transgender etc. The students also visited virtual police stations, NGOS, jails and discussed the problems that can come their way. During this 15-day internship, Vrundali had to complete two tasks, one was writing a book review on any book based on human rights and the other was writing a research paper. She did a book review on the work 'When Harry became Sally' and submitted a group research paper on the impacts of COVID-19 on children. She gained knowledge about working of different fields and also how to file a complaint and how to fight for human rights. She had a great learning experience from them.









ગાંધીનગરના વિદ્યાર્થીને અમેરિકાની યુનિવર્સિટીની રૂ.૨૭.૫ લાખની સ્કોલરશીપ ઓફર..!!

પીડીઇયુની સ્કૂલ ઓફ લિબરલ સ્ટડીઝના ડેનિશ ભાલીયાને એરિઝોના સ્ટેટ યુનિવર્સિટીએ માસ્ટર ડિગ્રી માટે સ્કોલરશીપ મંજૂર કરી : પીડીઇયુમાં અત્યાર સુધીની સૌથી મોટી સ્કોલરશીપ ઓફર હોવાનો દાવો

ગાંધીનગર, તા.૨૨ ગાંધીનગર ગુજરાતની રાજધાની ન રહેતાં શિક્ષણક્ષેત્રે પણ હબ બની ચૂકયુ છે. શહેરમાં અનેક મહાવિદ્યાલયો વિવિધ ક્ષેત્રને લગતું ઉચ્ચ શિક્ષણ પુરું પાડે છે જેના થકી માત્ર રાજ્યભરમાંથી જ નહીં પરંતુ દેશભરમાંથી ભણવા આવતાં વિદ્યાર્થીઓ તેમનું ભાવિ ઉજાળે છે. અહીં ભણતા વિદ્યાર્થીઓને અભ્યાસ સાથે જ વૈશ્વિક સ્તરે અભ્યાસ કરવાની કે કારકિર્દી ઘડવાની તક મળે તેવાં અનેકાનેક કિસ્સા જોવા મળી રહ્યાં છે. તાજેતરમાં ગાંધીનગરની પંડિત દિનદયાળ એનર્જી યુનિવર્સિટીની સ્કૂલ ઓફ લિબરલ સ્ટડીઝના એક વિદ્યાર્થીને અમેરિકાની પ્રતિષ્ઠિત એરિઝોના સ્ટેટ યુનિવર્સિટી દ્વારા માસ્ટર ડિગ્રી માટે પ્રવેશ આપવા સાથે આશરે રૂ. ૨૭.૫ લાખની સ્કોલરશીપ પણ ઓફર કરવામાં આવી છે.

અત્યારના સમયમાં અમેરિકા, યુરોપ, કેનેડા જેવા દેશોમાં અભ્યાસ કરવો એ લગભગદરેક વિદ્યાર્થીનું સ્વપ્રહોય છે, તેમાં પણ વૈશ્વિક સ્તરે નામના ધરાવતી યુનિવર્સિટીમાં અભ્યાસ કરવાની તક મળે તે માટે દરેક



વિદ્યાર્થી તલપાપડ હોય છે પરંતુ તેમાં અઢળક આર્થિક બોજ ઉઠાવવો પડે છે તેથી વિદ્યાર્થીઓ સ્કોલરશીપ મેળવવા પ્રયાસ કરે છે. જો કે વિદેશની પ્રતિષ્ઠિત યુનિવર્સિટીમાં સ્કોલરશીપ મેળવવાની સિદ્ધિ દરેક વિદ્યાર્થીઓને સરળતાથી પ્રાપ્ત થતી નથી. ગાંધીનગરની પંડિત દિનદયાળ એનર્જી યુનિવર્સિટીની સ્કુલ ઓફ લિબરલ સ્ટડીઝમાંથી બૅચલર ઑફ બિઝનેસ ઍડ્મિનિસ્ટ્રેશનનો અભ્યાસ પૂર્ણ કરનાર ૨૩ વર્ષીય ડેનિશ જયંતિભાઈ ભાલીયા નામના વિદ્યાર્થીને હાર્વર્ડ યુનિવર્સિટી અને એરિઝોના સ્ટેટ યુનિવર્સિટી સહિત પાંચેક યુનિવર્સિટી દ્વારા પ્રવેશ આપવામાં આવ્યો છે જે પૈકી અમેરિકાની પ્રતિષ્ઠિત એરિઝોના સ્ટેટ યુનિવર્સિટી દ્વારા માસ્ટર ડિગ્રી માટે પ્રવેશ આપવા સાથે રૂ.૨૬ લાખથી વધુની સ્કોલરશીપ પણ ઓફર કરવામાં આવી છે. ડેનિશ ભાલીયા સુરતના કતારગામનો વતની છે અને તેણે પંડિત દીનદયાલ એનર્જી યુનિવર્સિટી સંલગ્ન સ્કૂલ ઓફ લિબરલ સ્ટડીઝમાંથી બેચલર ઓફ બિઝનેસ એડમિનિસ્ટ્રેશન ઓનર્સનો ડિગ્રી કોર્ષ કર્યો છે. તેની

પ્રોફાઇલ જોઇનેનયુએસએની હાર્વર્ડ યુનિવર્સિટીએ 'બીઝનેસ એનાલિટીકલ પ્રોગ્રામ' માટે જ્યારે એરિઝોના સ્ટેટ યુનિવર્સિટીએ તેને 'ગ્લોબલ બિઝનેસ મેનેજમેન્ટ'ના માસ્ટર કોર્સ માટે પ્રવેશ નિશ્ચિત કર્યો છે. એરિઝોના સ્ટેટ યુનિવર્સિટીએ તેને ૩૫ હજાર યુએસ ડોલરની શિષ્યવૃત્તિ જે અદાજે ભારતીય ચલણમાં રૂ.૨૭.૫ લાખ જેટલી થાય છે તેની ઓફર કરી છે. વર્તમાન સમયમાં ગાંધીનગરની પીડીઇયુ યુનિવર્સિટીમાં કદાચ આ સૌથી મોટી શિષ્યવૃત્તિ ઓફર છે. આ ઉપરાંત ડેનીશને અન્ય યનિવર્સિટીઓ જેવીકે લોયોલા યુનિવર્સિટી શિકાગોમાં ૧૦ હજાર ડોલરની સ્કોલરશીપ સાથે અને સ્ટોની બ્રુક યુનિવર્સિટી, ટેક્સાસ ડલ્લાસ યુનિવર્સિટી તેમજ કોલંબિયા યુનિવર્સિટીની સમીક્ષામાં પણ તેનું નામ સામેલ

GANDHINAGAR SAMACHAR

24-11-2021



AHMEDABAD

SUNDAY TIMES OF INDIA, AHMEDABAD NOVEMBER 28, 2021

de aided collaboration

'Online classes for the win'

A t School of Liberal Studies of Pandit Deendayal Energy
University, the students participated in two courses - Caste in
India and the US, and Indian and American Dialogue on Liberal
Arts - where the institute collaborated with their American
counterparts. Prof Nigam Dave, director of SLS, said the courses
would not have been possible if the mode of education was not
virtual. "It was a win-win for the institutes and students involved.
While there were a few minuses of the virtual education, we also
find the pluses in expanding the horizons," he said. TNN

highest numbers for the past few years. Moreover, we also introduced several new courses primarily in foundation course to ensure students' well-being," he said. "One of the popular courses was learning to learn new things which came handy for the pandemicaffected students." Experts said that while upskilling and reskilling became buzzwords in post-pandemic job market, the premier institutes are also roping in experts from different disciplines to inculcate knowledge on use of technology, data analytics and soft skills including how to appear for a job interview!

TIMES OF INDIA

10-12-2021





City's top educators come together in a panel discussion on new-age learning

challenges for the traditional way of imparting education. It has also helped it to evolve and adapt to the new technological advances. Recently, top educators came together on a single platform for an interesting panel discussion and discussed how the single platform for an interesting panel discussion and discussi the past two years have impacted the educa-tion sector and the way forward. The session was moderated by Shaishav Kayastha, an IIM Ahmedabad alumnus with more than 12

anneadad auminus with more than 12 years of experience in transforming education and training teachers and educators across the country to adopt new age learning and teaching levels. His contribution has been acknowledged globally too. He posed relevant questions to the panelists and made the discussion engaging and enlightening for the audience.



(L-R) Shaishav Kayastha, Shaji Mathew, Dr Hina Shah, Dr Bhanwar Rathore, Dr M P Chandran, Dr Pradeep Malik

TEACHING DESIGN ONLINE WAS A BIG **CHALLENGE: DR BHANWAR RATHORE**

Amid the pandemic, we decided to go online with comics and animation-based learning techniques. We had a staff of 240, but we didn't lay

off anyone. We created an online platform where the best talent from all over India could teach anyone irrespective of the student's location.

opened 35 new centres in addition to existing 35. We started multilin-

Our centre was at 60% profit by Diwali. During the pandemic, we

gual education and now, we also cater to international students.

TEACHING IN MOTHER TONGUE FOR THE INITIAL FIVE YEARS IS A GOOD MOVE: DR PRADEEP MALIK

What's good about the New Education Policy is that it talks about imparting education in three languages; two of them must be native languages of India. Teaching in your mother tongue for the initial five years is a good move.

The new policy suggests that the teachers should be bilingual. This should also help in the penetration of education. - Professor, Pandit Deendayal Energy University



-Founder and Director, Bhanwar Rathore Design Studio IMPLEMENTING THE THIRD LANGUAGE OPTION IS A CHALLENGE: SHAJI MATHEW

I'm looking forward to the implementation of the New Education Policy. The 'third language' option in the NEP, the mother tongue, is going to be a great challenge in terms of implementation. Even in Ahmedabad, every

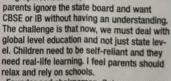


class, on an average, has kids with two-three different mother tongues. Children of defence personnel will face difficulty. We need a

Divine Child International School, Adalaj

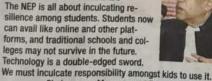
CHILDREN NEED REAL-LIFE LEARNING: DR HINA SHAH

All these years, the state board used to play a vital role in fine-tuning education based on varied demographics. But now



-Founder and chairperson, Satyameva Jayate International School





- Chairperson, Management Board, JG University

TIMES OF INDIA

23-12-2021





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